

M.A. Professional Mental Health Counseling – Specialization in Addictions
Required Course Sequencing for a 9 Semester Program
Catalog Year 2026-2027
62 Semester Hours Total

Floating Any Semester	Elective (1)	This course sequence MUST be followed: any deviation from the plan must be approved by a program co-director. These courses are guaranteed to be available to you IF you adhere to the plan (but not a specific section/time of your choosing). If you are approved for a program plan change your graduation date may change significantly.
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YEAR 1

	Fall		Spring		Summer
MHCA 502 (2)	Intro to PMHC-A Counseling	MHC 535 (3)	Research Methods in Counseling	MHC 509 (3)	Practical Skills for Counselors
MHC 506 (2)	Life Span Development	MHC 550 (3)	Diversity & Social Justice	MHC 522 (3)	Diagnosis of Mental and Emotional Disorders
MHC 513 (3)	Theory and Philosophy of Counseling	MHCA 545 (3)	Drugs, the Brain, and Behavior	MHC 534 (3)	Child and Family Counseling
MHC 540 (2)	Career Counseling		Work on Completing Portfolio		Work on Completing Portfolio
CORE 500	Core Convocation		Cohort Meeting		Cohort Meeting
	First Advising Session				

YEAR 2

	Fall		Spring		Summer
CTSP 514 <i>or</i> CTSP 515 (3)	Group Counseling w/ Children & Adolescents <i>or</i> w/ Adults	MHC 524 (3)	Counseling and Interventions with Adults	MHC 580 (3)	Practicum in Counseling I
MHC 523 (2)	Counseling and Interventions with Children and Adolescents	MHC 532 (2)	Ethical and Legal Issues in Professional Counseling	MHC 548 (2)	Trauma/Crisis Counseling Across the Lifespan
MHCA 546 (3)	Models of Addiction and Recovery	MHC 541 (2)	Introduction to Assessment	MHC 549 (1)	Treatment Planning
	Work on Completing Portfolio		Portfolio due March 1. If incomplete may NOT start practicum next semester.		Cohort Meeting
	Attend Internship Fair and begin search/application process		Cohort Meeting and Practicum paperwork: obtain insurance, complete contract, practicum preference form		Study for CPCE

YEAR 3

	Fall		Spring		Summer
MHC 580 (3)	Practicum in Counseling II	MHC 582/583 (3)	Mental Health Internship I	MHC 582/583 (3)	Mental Health Internship II
MHCA 547 (3)	Addictions Treatment: Procedures, Skills, Case Management		Apply for Graduation	MHC 591 (1)	Career Development
	Finalize internship placement, turn in paperwork		Cohort Meeting		Apply for registered intern status with Oregon (OBLPCT) or apply to state of new residence
	Cohort Meeting CPCE Exam (cost approx. \$75-100)				

Students who wish to be considered for federal financial aid should note the academic year begins summer term.