

M.A. Marriage, Couple and Family Therapy
Course Sequencing For a 3-Year Program
Catalog Year 2026-2027
Eco-Soma-Arts Therapy
62 semester hours total

ESA Elective	1 credit Eco-Soma-Arts elective (may be cross-listed with approved MCFT 563 topics)
MCFT 563	Two, 1-credit courses of MCFT-563 (ESA-598 elective can be counted toward this requirement)

YEAR 1*		FALL		SPRING		SUMMER	
MCFT 502 (1)		Intro to MCFT		MCFT 522 (2)	Diagnosis	MCFT 564 (2)	Treating Addictions in Family Therapy
MCFT 510 (2)		Ethics & Professional Identity		MCFT 523 (1)	Psychopharmacology	MCFT 541 (2)	Systemic Assessment & Treatment Planning
MCFT 504 (3)		Family Therapy: Theory & Practice		MCFT 516 (2)	Family Development	ESA 500 (2)	The Human Self as Nature and in Relationship with the Other-than-Human World
MCFT 511 (3)		Equity in Family Therapy		MCFT 526 (3)	Practical Skills for MCFT		
CORE 500 (0)		Convocation					
9 credits				8 credits		6 credits	

*No electives in the first year.

YEAR 2		FALL		SPRING		SUMMER	
CTSP 514 <i>or</i> CTSP 515 (3)		Group Counseling		MCFT 582 (4)	Internship in MCFT	MCFT 582 (4)	Internship in Family Therapy
MCFT 546 (3)		Trauma & Crisis		MCFT 506 (2)	Applied Child & Adolescent Development	ESA 503 (1)	Nature, Trauma & Resilience in Sociocultural Context
MCFT 533 (3)		Research Methods & Systemic Practice		ESA 502 (1)	Ecosomatics		
ESA 501 (1)		Expressive Arts and Nature					
10 credits				7 credits		5 credits	

YEAR 3		FALL		SPRING			
MCFT 582 (4)		Internship in Family Therapy		MCFT 582 (2)	Internship in Family Therapy		
MCFT 560 (3)		Couple Therapy		MCFT 562 (3)	Advanced MFT Theory & Practice		
ESA 504 (1)		Ecotherapy & Ancestral Wisdom		MCFT 591 (1)	Professional Development Seminar		
				ESA 505 (1)	Rituals & the Other than Human World		
8 credits				7 credits			