

M.A. Professional Mental Health Counseling – Specialization in Addictions
Required Course Sequencing for an 11-Semester Program
Catalog Year 2025-2026
62 Semester Hours Total

Floating Any Semester	Electives (1)	This course sequence MUST be followed: any deviation from the plan must be approved by a program co-director. These courses are guaranteed to be available to you IF you adhere to the plan (but not a specific section/time of your choosing). If you are approved for a program plan change your graduation date may change significantly.
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YEAR 1

	TERM 1 (Fall)		TERM 2 (Spring)		TERM 3 (Summer)
MHCA 502 (2)	Intro to PMHC-A	MHC 550 (3)	Diversity & Social Justice	MHC 509 (3)	Practical Skills for Counselors
MHC 506 (2)	Life Span Development	MHCA 545 (3)	Drugs, the Brain & Behavior	MHC 522 (3)	Diagnosis of Mental/Emotional Disorders
MHC 513 (3)	Theory/Philosophy of Counseling			MHC 534 (3)	Child and Family Counseling
CORE 500 (0)	Convocation		Work on Completing Portfolio		Work on Completing Portfolio
	First Advising Session		Cohort Meeting		Cohort Meeting

YEAR 2

	TERM 4 (Fall)		TERM 5 (Spring)		TERM 6 (Summer)
MHC 535 (3)	Research Methods in Counseling	MHC 524 (3)	Counseling & Interventions with Adults	MHC 523 (2)	Counseling & Interventions with Children & Adolescents
MHCA 546 (3)	Models of Addiction and Recovery	MHC 541 (2)	Intro to Assessment	MHC 532 (2)	Ethical & Legal Issues in Professional Counseling
	Work on Completing Portfolio	Elect (1)	Elective		Work on Completing Portfolio
	Cohort Meeting		Work on Completing Portfolio		Cohort Meeting
			Cohort Meeting		

YEAR 3

	TERM 7 (Fall)		TERM 8 (Spring)		TERM 9 (Summer)
CTSP 514/515 (3)	Group Counseling with Children/Adolescents OR Group Counseling with Adults	MHC 580 (3)	Practicum I	MHC 580 (3)	Practicum II
MHCA 547 (3)	Addictions Treatment: Procedures, Skills, Case Management	MHC 549 (1)	Treatment Planning	MHC 548 (2)	Trauma/Crisis Counseling Across Lifespan
	Portfolio due November 1. If incomplete may NOT start practicum next semester.	MHC 540 (2)	Career Counseling		Cohort Meeting
	Cohort Meeting and Practicum paperwork: obtain insurance, complete contract, practicum preference form		Cohort Meeting		CPCE Exam (cost approx. \$75-100)
			Study for CPCE		Finalize internship placement, turn in paperwork

YEAR 4

	TERM 10 (Fall)		TERM 11 (Spring)		
MHC 582/583 (3)	Mental Health Internship	MHC 582/583 (3)	Mental Health Internship		
	Cohort Meeting	MHC 591 (1)	Professional Career Development		
	Apply for Graduation		NCE (cost = approx. \$300) Optional – may not be offered on campus		

Students who wish to be considered for federal financial aid should note the academic year begins summer term.