

M.A. Professional Mental Health Counseling
Required Course Sequencing for an 11-Semester Program
Catalog Year 2025-2026
60 Semester Hours Total

Floating Any Semester	Electives (6) Note: 2 CR of Electives must be in PMHC focus area(s)	This course sequence MUST be followed: any deviation from the plan must be approved by a program co-director. These courses are guaranteed to be available to you IF you adhere to the plan (but not a specific section/time of your choosing). If you are approved for a program plan change your graduation date may change significantly.
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YEAR 1

	TERM 1 (Fall)		TERM 2 (Spring)		TERM 3 (Summer)
MHC 503 (2)	Intro to Professional Counseling & Social Justice	MHC 513 (3)	Theory/Philosophy of Counseling	MHC 522 (3)	Diagnosis of Mental/Emotional Disorders
MHC 506 (2)	Life Span Development	MHC 550 (3)	Diversity & Social Justice	MHC 534 (3)	Child and Family Counseling
Elect (1)	Elective			Elect (1)	Elective
CORE 500	Convocation		Work on Completing Portfolio		Work on Completing Portfolio
	First Advising Session		Cohort Meeting		Cohort Meeting

YEAR 2

	TERM 4 (Fall)		TERM 5 (Spring)		TERM 6 (Summer)
MHC 535 (3)	Research Methods in Counseling	MHC 541 (2)	Intro to Assessment	MHC 523 (2)	Counseling & Interventions with Children & Adolescents
MHC 524 (3)	Counseling & Interventions with Adults	MHC 509 (3)	Practical Skills for Counselors	MHC 532 (2)	Ethical & Legal Issues in Professional Counseling
	Work on Completing Portfolio	Elect (1)	Elective	Elect (1)	Elective
	Cohort Meeting		Work on Completing Portfolio		Work on Completing Portfolio
			Cohort Meeting		Cohort Meeting

YEAR 3

	TERM 7 (Fall)		TERM 8 (Spring)		TERM 9 (Summer)
CTSP 514/515 (3)	Group Counseling with Children/Adolescents OR Group Counseling with Adults	MHC 580 (3)	Practicum I	MHC 580 (3)	Practicum II
MHC 540 (2)	Career Counseling	MHC 536 (2)	Addiction Counseling & Psychopharmacology	MHC 548 (2)	Trauma/Crisis Counseling Across Lifespan
Elect (1)	Elective	MHC 549 (1)	Treatment Planning		Study for and take CPCE Exam (cost approx. \$75-100)
	Portfolio due by November 1. If incomplete may NOT start practicum next semester.		Cohort Meeting		Finalize internship placement, turn in paperwork
	Attend Internship Fair, Begin search/application process				
	Cohort Meeting and Practicum paperwork: obtain insurance, complete contract, practicum preference form				

YEAR 4

	TERM 10 (Fall)		TERM 11 (Spring)	
MHC 582/583 (3)	Mental Health Internship	MHC 582/583 (3)	Mental Health Internship	
Elect (1)	Elective	MHC 591 (1)	Professional Career Development	
	Apply for Graduation		NCE (cost = approx. \$300) Optional – may not be offered on campus	
	Cohort Meeting		Apply for registered intern status with Oregon (OBLPCT) /other state of residence	

Students who wish to be considered for federal financial aid should note the academic year begins summer term.