

**M.A. Professional Mental Health Counseling**  
**Required Course Sequencing for an 11-Semester Program**  
**Catalog Year 2025-2026**  
**60 Semester Hours Total**

<b>Floating Any Semester</b>	Electives (6) Note: 2 CR of Electives must be in PMHC focus area(s)	This course sequence MUST be followed: any deviation from the plan must be approved by a program co-director. These courses are guaranteed to be available to you IF you adhere to the plan (but not a specific section/time of your choosing). If you are approved for a program plan change your graduation date may change significantly.		
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**YEAR 1**

	<b>TERM 1 (Fall)</b>		<b>TERM 2 (Spring)</b>		<b>TERM 3 (Summer)</b>
MHC 503 (2)	Intro to Professional Counseling & Social Justice	MHC 513 (3)	Theory/Philosophy of Counseling	MHC 522 (3)	Diagnosis of Mental/Emotional Disorders
MHC 506 (2)	Life Span Development	MHC 550 (3)	Diversity & Social Justice	MHC 534 (3)	Child and Family Counseling
Elect (1)	Elective			Elect (1)	Elective
CORE 500	Convocation		<b>Work on Completing Portfolio</b>		<b>Work on Completing Portfolio</b>
	<b>First Advising Session</b>		<b>Cohort Meeting</b>		<b>Cohort Meeting</b>

**YEAR 2**

	<b>TERM 4 (Fall)</b>		<b>TERM 5 (Spring)</b>		<b>TERM 6 (Summer)</b>
MHC 535 (3)	Research Methods in Counseling	MHC 541 (2)	Intro to Assessment	MHC 523 (2)	Counseling & Interventions with Children & Adolescents
MHC 524 (3)	Counseling & Interventions with Adults	MHC 509 (3)	Practical Skills for Counselors	MHC 532 (2)	Ethical & Legal Issues in Professional Counseling
	<b>Work on Completing Portfolio</b>	Elect (1)	Elective	Elect (1)	Elective
	<b>Cohort Meeting</b>		<b>Work on Completing Portfolio</b>		<b>Work on Completing Portfolio</b>
			<b>Cohort Meeting</b>		<b>Cohort Meeting</b>

**YEAR 3**

	<b>TERM 7 (Fall)</b>		<b>TERM 8 (Spring)</b>		<b>TERM 9 (Summer)</b>
CTSP 514/515 (3)	Group Counseling with Children/Adolescents OR Group Counseling with Adults	MHC 580 (3)	Practicum I	MHC 580 (3)	Practicum II
MHC 540 (2)	Career Counseling	MHC 536 (2)	Addiction Counseling & Psychopharmacology	MHC 548 (2)	Trauma/Crisis Counseling Across Lifespan
Elect (1)	Elective	MHC 549 (1)	Treatment Planning		<b>Study for and take CPCE Exam (cost approx. \$75-100)</b>
	<b>Portfolio due by November 1. If incomplete may NOT start practicum next semester.</b>		<b>Cohort Meeting</b>		<b>Finalize internship placement, turn in paperwork</b>
	<b>Attend Internship Fair, Begin search/application process</b>				
	<b>Cohort Meeting and Practicum paperwork: obtain insurance, complete contract, practicum preference form</b>				

**YEAR 4**

	<b>TERM 10 (Fall)</b>		<b>TERM 11 (Spring)</b>	
MHC 582/583 (3)	Mental Health Internship	MHC 582/583 (3)	Mental Health Internship	
Elect (1)	Elective	MHC 591 (1)	Professional Career Development	
	<b>Apply for Graduation</b>		<b>NCE (cost = approx. \$300) Optional – may not be offered on campus</b>	
	<b>Cohort Meeting</b>		<b>Apply for registered intern status with Oregon (OBLPCT) /other state of residence</b>	

*Students who wish to be considered for federal financial aid should note the academic year begins summer term.*