

M.A. Professional Mental Health Counseling
Course Sequencing for an 8 Semester Program
Catalog Year 2025-2026
60 Semester Hours Total

Floating Any Semester	Electives (6) Note: 2 CR of Electives must be in PMHC focus area(s)	This course sequence MUST be followed: any deviation from the plan must be approved by a program co-director. These courses are guaranteed to be available to you IF you adhere to the plan (but not a specific section/time of your choosing). If you are approved for a program plan change your graduation date may change significantly.			
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YEAR 1

6 CR total 4 classes	Fall	9 CR total 3 classes	Spring	8 CR total 3 classes	Summer
MHC 503 (2)	Intro to Professional Counseling & Social Justice	MHC 535 (3)	Research Methods in Counseling	MHC 509 (3)	Practical Skills for Counselors
MHC 540 (2)	Career Counseling	MHC 513 (3)	Theory and Philosophy of Counseling	MHC 534 (3)	Child and Family Counseling
MHC 506 (2)	Life Span Development	MHC 550 (3)	Diversity and Social Justice	MHC 523 (2)	Counseling and Interventions with Children and Adolescents
CORE 500 (0)	Convocation		Work on Completing Portfolio		Work on Completing Portfolio
	First Advising Session		Cohort Meeting		Cohort Meeting

YEAR 2

8 CR total 3 classes	Fall	9 CR total 4 classes	Spring	7 CR total 3 classes	Summer
MHC 522 (3)	Diagnosis of Mental and Emotional Disorders	MHC 536 (2)	Addiction Counseling & Psychopharmacology	MHC 548 (2)	Trauma/Crisis Counseling Across Lifespan
MHC 524 (3)	Counseling and Interventions with Adults	MHC 580 (3)	Practicum I	MHC 580 (3)	Practicum II
MHC 532 (2)	Ethical & Legal Issues in Professional Counseling	MHC 549 (1)	Treatment Planning: Theory & Research to Practice	MHC 541 (2)	Introduction to Assessment
	Portfolio due by November 1. If incomplete may NOT start practicum next semester.	CTSP 514 <i>or</i> CTSP 515 (3)	Group Counseling w/ Children & Adolescents <i>or</i> w/ Adults		Cohort Meeting
	Attend Internship Fair, Begin search/application process		Cohort Meeting		Study for and take CPCE Exam (cost approx. \$75-100)
	Cohort Meeting and Practicum paperwork: obtain insurance, complete contract, practicum preference form				Finalize internship placement, turn in paperwork

YEAR 3

3 CR total 1 class	Fall	4 CR total 2 classes	Spring	Spring, Continued
MHC 582/583 (3)	Mental Health Internship: Adult <i>or</i> Child/Family	MHC 582/583 (3)	Mental Health Internship: Adult <i>or</i> Child/Family	Apply for registered intern status with Oregon (OBLPCT) /other state of residence
	Apply for Graduation	MHC 591 (1)	Professional Career Development	
	Cohort Meeting		NCE (cost = approx. \$300) Optional – may not be offered on campus	

Students who wish to be considered for federal financial aid should note the academic year begins summer term.