

M.A. Professional Mental Health Counseling
Course Sequencing for a 7 Semester Program
Catalog Year 2025-2026
60 Semester Hours Total

Floating Any Semester	Elective (6) Note: 2 CR of Electives must be in PMHC focus area(s)	This course sequence MUST be followed: any deviation from the plan must be approved by a program co-director. These courses are guaranteed to be available to you IF you adhere to the plan (but not a specific section/time of your choosing). If you are approved for a program plan change your graduation date may change significantly.			
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YEAR 1

10 credits 4 classes	Fall	11 credits 4 classes	Spring	10 credits 4 classes	Summer
MHC 503 (2)	Intro to Professional Counseling & Social Justice	MHC 522 (3)	Diagnosis of Mental and Emotional Disorders	MHC 534 (3)	Child and Family Counseling
MHC 535 (3)	Research Methods in Counseling	MHC 550 (3)	Diversity and Social Justice	MHC 536 (2)	Addiction Counseling & Psychopharmacology
MHC 513 (3)	Theory and Philosophy of Counseling	MHC 509 (3)	Practical Skills for Counselors	MHC 524 (3)	Counseling and Interventions with Adults
MHC 506 (2)	Life Span Development	MHC 540 (2)	Career Counseling	MHC 532 (2)	Ethical & Legal Issues in Professional Counseling
CORE	Core Convocation		Work on Completing Portfolio		Portfolio due June 1. If incomplete may NOT start practicum next semester.
	First Advising Meeting		Cohort Meeting		Cohort Meeting
					Practicum paperwork: obtain insurance, complete contract, practicum preference form

YEAR 2

9 credits 4 classes	Fall	7 credits 3 classes	Spring	3 credits 1 class	Summer
CTSP 514 <i>or</i> 515 (3)	Group Counseling w/ Children & Adolescents <i>or</i> w/ Adults	MHC 541 (2)	Introduction to Assessment	MHC 582/583 (3)	Mental Health Internship: Adult <i>or</i> Child/Family
MHC 523 (2)	Counseling and Interventions with Children and Adolescents	MHC 548 (2)	Trauma/Crisis Counseling Across Lifespan		Apply for Graduation
MHC 580 (3)	Practicum I	MHC 580 (3)	Practicum II		Cohort Meeting
MHC 549 (1)	Treatment Planning: Theory and Research to Practice		Cohort Meeting		
	Cohort Meeting		Study for and take CPCE Exam (Cost - approx. \$75-100.		
	Attend Internship Fair and begin search/application process		Finalize internship placement, turn in paperwork		

YEAR 3

4 credits 2 classes	Fall				
MHC 582/583 (3)	Mental Health Internship: Adult <i>or</i> Child/Family				
MHC 591 (1)	Professional Career Development				
	NCE (optional – may not be offered on campus approx. cost \$300)				

Students who wish to be considered for federal financial aid should note the academic year begins summer term.