

"We are a community that commits itself to diversity and sustainability as dimensions of a just society"

- Mission Statement, Lewis & Clark College

# MCFT 582- Internship in Marriage, Couple, and Family Therapy SPRING 2024

Time & Day: 1:00 – 9:00 pm Tuesdays (Includes 2 hours required for independent case review,

case management, and case file maintenance)

Location: L&C Community Counseling Center

4445 SW Barbur Blvd., Portland, OR 97239

Instructor: Sharon Hale
Office Hours: by appointment

Phone: office – 971-266-4759 Email: SharonHale@lclark.edu

#### **CATALOG DESCRIPTION**

Supervised practicum bridging theoretical and practical topics; students apply their emerging skills and understanding of family therapy models to their work with individuals, couples, families, and groups; overview of basic family therapy concepts and skills, including skill development through role-playing and simulated family therapy experiences.

**Credits**: 4 semester hours.

#### MCFT STUDENT LEARNING OUTCOMES

- SLO 1.3 Students apply systems/relational theories to clinical case conceptualization.
- SLO 2.1 Students self-reflect on the implications of own and others' social location in clinical practice.
- SLO 2.2 Students' practice demonstrates attention to social justice and cultural democracy.
- SLO 3.2 Students draw on the research literature relevant to family therapy in case planning
- SLO 4.1 Students apply ethical decision-making process to clinical dilemmas.
- SLO 4.2 Students provide competent service according to the AAMFT code of ethics and core competencies.
- SLO 4.3 Students demonstrate integration of family therapy theory, equity, and social location issues in clinical practice.

# **REQUIRED TEXTS**

#### RECOMMENDED TEXTS

Becvar, D.S. & Becvar, R.J. (2000). Family therapy: A systemic integration. Boston: Allyn & Bacon. ISBN 978-0205168132

- Cecchin, G. (1987). Hypothesizing, circularity, and neutrality revisited: An invitation to curiosity. *Family Process*, 26, 405-413. doi:10.1111/j.1545-5300.1987.00405.x
- Combs, G. & Freedman, J. (1990). Symbol, story, & ceremony: Using metaphor in individual and family therapy. New York: Norton. ISBN-13: 978-0-393-33499-9
- Cozolino, L. (2016). Why therapy works: Using our minds to change our brains. New York, NY: Norton
- Dattilio, F. M., Jongsma, A. J., & Davis, S. (2014). *The family therapy treatment planner*, 2<sup>nd</sup> *Ed.* New York, NY: Wiley
- Fisch, R., Weakland, J. H., & Segal, L. (1982). *The tactics of change: Doing therapy briefly*. San Francisco: Jossey-Bass. ISBN-13: 978-0875895215
- Flemons, D. G. (1991). Completing distinctions: Interweaving the ideas of Gregory Bateson and Taoism into a unique approach to therapy. Boston, MA: Shambhala. ISBN: 1-57062-669-3
- Gehart, D. (2016). *Theory and treatment planning in family therapy: A competency-based approach.* Boston, MA: Cengage Learning. ISBN-13: 978-0840028600
- Gehart, D. (2014). *Mastering competencies in family therapy: A practical approach to theories and clinical case documentation* (2<sup>nd</sup> ed.). Belmont, CA: Brooks/Cole.
- Johnson, S. (2002). *Emotionally focused couple therapy with trauma survivors: Strengthening attachment bonds.* New York, NY: Guilford Press. ISBN: 1-59385-165-0
- Knudson-Martin, C., Wells, M.A., & Samman, S. K. (2015). *Socio-emotional relationship therapy: Bridging emotion, societal context, and couple interaction.* New York, NY: Springer. ISBN: 978-3-319-13398-0
- Madigan, S. (1996). The politics of identity: Considering community discourse in the internalizing of internalized problem conversations. *Journal of Systemic Therapies*, 15(1), 47-62.
- McDowell, T., Knudson-Martin, C., & Bermudez, J. M. (2018). *Socioculturally attuned family therapy: Guidelines for equitable theory and practice*. New York, NY: Routledge.
- Minuchin, S., Reiter, M.D., & Borda, C. (2014). *The craft of family therapy*. New York, NY: Routledge. ISBN 978-415-70812-8
- Penn, P. (1985). Feed-forward: Future questions, future maps. *Family Process*, 24, 299-310. doi:10.1111/j.1545-5300.1985.00299.x

Tomm, K. (1987). Interventive interviewing: Part II. Reflexive questioning as a means to enable self-healing. *Family Process*, 26, 167-183. Doi:10.1111/j.1545-5300.1987.00167.x

White, M., & Epston, D. (1990). *Narrative means to therapeutic ends*. New York, NY: W.W. Norton. ISBN-13: 860-1419312795

#### **COURSE DESCRIPTION**

This course includes:

- Eight hours weekly at the L&C CCC—in addition to the six hours scheduled per class meeting, students are required to dedicate approximately two hours to reviewing their clinical work, maintaining case files and documentation, conducting case management, etc. On occasion, students may need to attend to emergency client concerns outside of their internship day.
- Approximately 2-3 days at an externship site—includes supervision, client contact, and engagement in all responsibilities expected by the site.

This internship provides experience in applying family therapy theory to clinical practice in our departmental clinical training facility, the L&C Community Counseling Center, while concurrently beginning an externship in a community agency. Through live, AAMFT approved supervision and team consultation as well as supplemental supervision provided by externship sites, students will have the opportunity to apply a variety of systemic ideas and practices reflective in social justice based Marriage and Family Therapy approaches. Throughout your clinical practice, you will participate in group and individual supervision. You may be asked to meet with your supervisor alone or with one other MFT trainee in the program. Individual supervision is defined as no more than two supervisees meeting with a supervisor face to face.

At least 50 hours of supervision must be based on observable data (i.e., live observation/video recordings/telesupervision of sessions with clients or co-therapy with your supervisor). Supervision must be maintained during academic breaks when you are not actually enrolled in the course but are seeing clients through your affiliation with Lewis and Clark College.

This syllabus serves as a contract between you, the program, and your individual faculty supervisor. The MCFT program requires students to complete 400 hours of direct client contact (of which a minimum of 150 hours should be relational) and 100 hours of supervision (50 live or video) as detailed in the MCFT Clinical Training Handbook, in order to satisfy clinical training hours requirements.

#### **COURSE OBJECTIVES**

As a result of this course students will:

- 1. Apply their developing skills and understanding of systemic clinical processes to treatment planning and practice of marriage, couple, and family therapy.
- 2. Engage in self-reflection and supervision practices that facilitate development of clinical skills.
- 3. Integrate family therapy theory, equity, and social location issues in clinical practice.
- 4. Demonstrate ethical clinical judgment in consultation with supervisor and practicum

group.

Throughout your clinical experience and supervision, you will be working on numerous areas of your clinical work. Areas that will be included in your evaluation at the end of the semester are outlined at the end of this document. Please review them.

# COURSE OBJECTIVES, STUDENT LEARNING OUTCOMES, AND EVALUATION ACTIVITIES

Course Objective	MCFT Student Learning Outcomes	AAMFT Core Competencies & AMFTRB task statements	Evaluated by
1. Apply their developing skills and understanding of systemic clinical processes to treatment planning and practice of marriage, couple, and family therapy.	SLO 1.3 SLO 3.2 SLO 4.1 SLO 4.2 SLO 4.3	CC 1.1.1; CC 1.1.2; CC 1.3.1; CC 2.1.1; CC 2.1.2; CC 2.1.4; CC 2.1.7; CC 2.2.3; CC 2.3.1; CC 2.3.6; CC 2.3.7; CC 2.4.2; CC 3.1.1; CC 3.2.1; CC 3.3.1; CC 3.4.5; CC 4.1.1; CC 4.1.2; CC 4.3.8; CC 4.4.1; CC 4.5.1; CC 4.5.3; CC 5.1.1; CC 5.1.2; CC 5.1.4; CC 5.2.1; CC 5.2.2; CC 5.3.8; CC 5.4.1; CC 5.4.2; CC 5.5.2; CC 6.1.1; CC 6.3.1; CC 6.3.2; CC 6.4.1  TS 01.01; TS 01.02; TS 01.04; TS 01.05; TS 01.06; TS 02.02; TS 02.21; TS 02.30; TS 03.04; TS 04.01	Reflective Case Analysis Case Documentation Externship Evaluations
2. Engage in self-reflection and supervision practices that facilitate development of clinical skills.	SLO 2.1 SLO 2.2	CC 1.1.3; CC 1.2.1; CC 1.2.2; CC 1.3.1; CC 2.1.4; CC 2.1.6; CC 2.3.1; CC 2.3.7; CC 2.3.8; CC 3.4.5; CC 4.1.1; CC 4.1.2; CC 4.3.2; CC 4.3.8; CC 4.4.1; CC 4.4.1; CC 4.4.5.3; CC 5.1.4; CC 5.2.2; CC 5.5.2  TS 01.04; TS 01.05; TS 02.06; TS 02.08; TS 02.18; TS 03.11; TS 03.23; TS 05.09; TS 06.04	Participation Reflective Case Analysis
3. Integrate family therapy theory, equity, and social location	SLO 2.2 SLO 4.1 SLO 4.2 SLO 4.3	CC 1.1.1; CC 1.1.2; CC 1.1.3; CC 1.2.1; CC 1.3.1; CC 2.1.1; CC 2.1.4; CC 2.1.6; CC 2.2.3; CC 2.3.1; CC 2.3.6; CC 2.3.7; CC	Reflective Case Analysis

		220 00211 00221 00	
issues in clinical		2.3.8; CC 3.1.1; CC 3.2.1; CC	Case
practice.		3.3.1; CC 3.4.5; CC 4.1.1; CC	Documentation
		4.1.2; CC 4.3.2; CC 4.3.8; CC	
		4.4.1; CC 4.4.6; CC 4.5.1; CC	
		4.5.3; CC 5.1.1; CC 5.1.2; CC	
		5.1.4; CC 5.2.1; CC 5.2.2; CC	
		5.4.1; CC 5.4.2; CC 5.5.2; CC	
		6.1.1; CC 6.3.2; CC 6.4.1	
		TS 01.01; TS 01.02; TS 01.04; TS	
		01.05; TS 01.06; TS 02.01; TS	
		02.02; TS 02.06; TS 02.08; TS	
		02.18; TS 02.20; TS 02.30; TS	
		03.04; TS 03.11; TS 03.23; TS	
		05.09	
4. Demonstrate ethical	SLO 2.2	CC 1.1.3; CC 1.2.1; CC 1.3.1; CC	Participation
clinical judgment in	SLO 3.2	2.1.2; CC 2.1.4; CC 2.1.6; CC	
	DLO 3.2	2.1.2, CC 2.1. <del>7</del> , CC 2.1.0, CC	
consultation with	SLO 4.1	2.1.7; CC 2.3.1; CC 2.3.7; CC	
consultation with supervisor and		· · · · · · · · · · · · · · · · · · ·	
		2.1.7; CC 2.3.1; CC 2.3.7; CC	
supervisor and		2.1.7; CC 2.3.1; CC 2.3.7; CC 2.3.8; CC 3.1.1; CC 4.1.1; CC	
supervisor and		2.1.7; CC 2.3.1; CC 2.3.7; CC 2.3.8; CC 3.1.1; CC 4.1.1; CC 4.1.2; CC 4.3.2; CC 4.3.8; CC	
supervisor and		2.1.7; CC 2.3.1; CC 2.3.7; CC 2.3.8; CC 3.1.1; CC 4.1.1; CC 4.1.2; CC 4.3.2; CC 4.3.8; CC 4.4.1; CC 4.4.6; CC 4.5.3; CC 5.1.1; CC 5.1.2; CC 5.1.4; CC	
supervisor and		2.1.7; CC 2.3.1; CC 2.3.7; CC 2.3.8; CC 3.1.1; CC 4.1.1; CC 4.1.2; CC 4.3.2; CC 4.3.8; CC 4.4.1; CC 4.4.6; CC 4.5.3; CC 5.1.1; CC 5.1.2; CC 5.1.4; CC 5.2.1; CC 5.2.2; CC 5.3.8; CC	
supervisor and		2.1.7; CC 2.3.1; CC 2.3.7; CC 2.3.8; CC 3.1.1; CC 4.1.1; CC 4.1.2; CC 4.3.2; CC 4.3.8; CC 4.4.1; CC 4.4.6; CC 4.5.3; CC 5.1.1; CC 5.1.2; CC 5.1.4; CC	
supervisor and		2.1.7; CC 2.3.1; CC 2.3.7; CC 2.3.8; CC 3.1.1; CC 4.1.1; CC 4.1.2; CC 4.3.2; CC 4.3.8; CC 4.4.1; CC 4.4.6; CC 4.5.3; CC 5.1.1; CC 5.1.2; CC 5.1.4; CC 5.2.1; CC 5.2.2; CC 5.3.8; CC 5.4.2; CC 5.5.2; CC 6.1.1; CC	
supervisor and		2.1.7; CC 2.3.1; CC 2.3.7; CC 2.3.8; CC 3.1.1; CC 4.1.1; CC 4.1.2; CC 4.3.2; CC 4.3.8; CC 4.4.1; CC 4.4.6; CC 4.5.3; CC 5.1.1; CC 5.1.2; CC 5.1.4; CC 5.2.1; CC 5.2.2; CC 5.3.8; CC 5.4.2; CC 5.5.2; CC 6.1.1; CC	
supervisor and		2.1.7; CC 2.3.1; CC 2.3.7; CC 2.3.8; CC 3.1.1; CC 4.1.1; CC 4.1.2; CC 4.3.2; CC 4.3.8; CC 4.4.1; CC 4.4.6; CC 4.5.3; CC 5.1.1; CC 5.1.2; CC 5.1.4; CC 5.2.1; CC 5.2.2; CC 5.3.8; CC 5.4.2; CC 5.5.2; CC 6.1.1; CC 6.3.1; CC 6.3.2	
supervisor and		2.1.7; CC 2.3.1; CC 2.3.7; CC 2.3.8; CC 3.1.1; CC 4.1.1; CC 4.1.2; CC 4.3.2; CC 4.3.8; CC 4.4.1; CC 4.4.6; CC 4.5.3; CC 5.1.1; CC 5.1.2; CC 5.1.4; CC 5.2.1; CC 5.2.2; CC 5.3.8; CC 5.4.2; CC 5.5.2; CC 6.1.1; CC 6.3.1; CC 6.3.2 TS 01.04; TS 01.05; TS 02.06; TS	
supervisor and		2.1.7; CC 2.3.1; CC 2.3.7; CC 2.3.8; CC 3.1.1; CC 4.1.1; CC 4.1.2; CC 4.3.2; CC 4.3.8; CC 4.4.1; CC 4.4.6; CC 4.5.3; CC 5.1.1; CC 5.1.2; CC 5.1.4; CC 5.2.1; CC 5.2.2; CC 5.3.8; CC 5.4.2; CC 5.5.2; CC 6.1.1; CC 6.3.1; CC 6.3.2  TS 01.04; TS 01.05; TS 02.06; TS 02.08; TS 02.18; TS 02.20; TS	
supervisor and		2.1.7; CC 2.3.1; CC 2.3.7; CC 2.3.8; CC 3.1.1; CC 4.1.1; CC 4.1.2; CC 4.3.2; CC 4.3.8; CC 4.4.1; CC 4.4.6; CC 4.5.3; CC 5.1.1; CC 5.1.2; CC 5.1.4; CC 5.2.1; CC 5.2.2; CC 5.3.8; CC 5.4.2; CC 5.5.2; CC 6.1.1; CC 6.3.1; CC 6.3.2  TS 01.04; TS 01.05; TS 02.06; TS 02.08; TS 02.18; TS 02.20; TS 03.11; TS 03.23; TS 04.01; TS	

# CTSP DEPARTMENTAL ATTENDANCE POLICY

Class attendance is expected and required. Any missed class time will be made up by completing extra assignments designed by the instructor. Missing more than ten percent of class time may result in failure to complete the class. This would be 4.5 hours of a 45 hour class (3 credits), 3.0 hours for a 30 hour class (2 credits) or 1.5 hours for a 15 hour class (1 credit.) In case of extreme hardship and also at the discretion of the instructor, a grade of incomplete may be given for an assignment or the entire course. In such cases, the work to be submitted in order to remove the incomplete must be documented appropriately and stated deadlines met. Students are expected to be on time to class and tardiness maybe seen as an absence that requires make-up work.

#### REMOTE ACCESS REMINDERS FOR TELEHEALTH

In any event where MCFT 582 Internship meetings have to be conducted strictly via telemental health and telesupervision from trainees' and supervisors' individual locations at any time throughout the semester, you will need to ensure the following:

- A computer PC or Macintosh- with video capabilities and a stable Internet connection. Higher speed Internet connections (cable modem, DSL with speed of at least 10 mbps) are strongly recommended.
- The most current version of Zoom downloaded as an application on your computer
  - o Download Zoom <a href="https://zoom.us/download">https://zoom.us/download</a>
  - o Sign in information and guidelines are provided on the LC3C Moodle page
  - For help and troubleshooting with Zoom, visit the Zoom Help Center: https://support.zoom.us/hc/en-us
- Follow LC CCC instructions and protocol for using Zoom treatment rooms, treatment room emails, and google drive for storing client files
- Headphones with microphones highly recommended
- Computer skills email, surf the Internet, create basic word processor files, use track changes feature in Word, upload and download documents.
  - o Microsoft Office 2010 or higher (Must include Word and PowerPoint).
  - Familiarity with Google Suite and Drive features for documentation and record keeping
- Access to quiet, confidential space for the duration of the practicum hours to conduct therapy sessions and participate in supervision
- A reliable Lewis & Clark email address (lclark.edu) that will not change from the beginning until the end of the semester.
- A "technology back-up" plan. Students should plan out an alternative location in the event their computer or Internet connection is not working.

#### DISABILITY SERVICES STATEMENT

If you have a disability that may impact your academic performance, you may request accommodations by meeting with the Office of Student Accessibility staff and submitting documentation on the Office of Student Accessibility website. Email access@lclark.edu with any additional questions or concerns.

#### NON-DISCRIMINATION POLICY

Lewis & Clark College adheres to a nondiscriminatory policy with respect to employment, enrollment, and program. The College does not discriminate on the basis of race, color, creed, religion, sex, national origin, age, handicap or disability, sexual orientation, or marital status and has a firm commitment to promote the letter and spirit of all equal opportunity and civil rights laws.

### DISCLOSURE OF PERSONAL INFORMATION

The Commission on Accreditation for Marriage and Family Therapy Education (COAMFTE) requires the program to have "established policies for informing applicants and students regarding disclosure of their personal information" (COAMFTE Standard 140.02, 2003). Each student should decide for him/herself what information to disclose. Students are advised to be

prudent when making self-disclosures. The program cannot guarantee confidentiality of student disclosures given the group environment, although personal comments should be considered private and confidential – and remain only in the classroom – unless an exception to confidentiality applies.

# LINKS TO LEWIS & CLARK GRADUATE SCHOOL ESSENTIAL POLICIES

This course adheres to the general policies outlined in the catalog and student handbook of the Lewis & Clark Graduate School of Education and Counseling. This includes full adherence to the following policies:

- Nondiscrimination: go.lclark.edu/gsec-nondiscrimination;
- Standards for professional student conduct and academic integrity: <u>go.lclark.edu/gsec-conduct</u>;
- Sexual misconduct: go.lclark.edu/titleIX.

#### **EVALUATION AND GRADING**

Grade is Credit (CR)/No Credit (NC). Grades are based on your internship supervisor's comprehensive review of your end-of-term supervisee evaluations from all supervisors at all sites, satisfactory completion of course assignments, and demonstration of expected professional standards. As part of course requirements, students must upload copies of their supervisee evaluations and goals sheets to Taskstream, complete supervisor evaluations through emailed links sent to students, and submit signed copies of their semester summary hours to the CTSP office. A grade of No Credit (NC) means that the student may not move forward into the next term of internship and administrative withdrawal from the program. A copy of the supervisee evaluation with a list of the clinical competencies evaluated is included at the end of this syllabus.

# **COURSE REQUIREMENTS**

# 1) Attendance, participation, disposition, and dress code

- Timely attendance and active participation in all activities is expected.
- Participate in supporting the professional development of all class members.
- Keep your supervisor informed regarding the status of all of your cases.
- Contact your supervisor immediately should you encounter a clinical emergency or suspect the need to report abuse or neglect.
- Dress code: business casual. How you dress always conveys a social message, even if none is intended.
- Learn how to use the recording equipment and computer related technology.
- Clean up after yourself and keeping the clinic space neat and clean.

#### 2) Ethics

Practice according to the American Association for Marriage and Family Therapy (AAMFT) code of ethics and the Oregon State Laws. Inform your MCFT 582 instructor/supervisor, externship supervisor, and/or the program clinical coordinator of

any potential ethical or legal infractions you may be involved in or know about.

# 3) Supervision

- Let your supervisor know about any situations that might limit your ability to perform your clinical role. Inform your L&C supervisor and the clinical coordinator of any problems you experience in your off-site placement
- Let your supervisor know when you have concerns about supervision so that you can maintain a positive working relationship.
- Be involved and offer input about all cases presented during supervision, even if you are not directly seeing the clients.
- Maintain contact and respond in a timely manner to clients and other professionals.
- Complete any additional requirements agreed on by you and your supervisor(s).

#### 4) Professionalism

- Adhere to all policies, procedures, and expectations at each clinical site.
- Maintain complete and timely assessment/evaluation write ups, case notes, treatment plans, and other clinical documentation.
- Maintain professional image and relationships.

# 5) Documentation of Clinical Training— COMPLETION OF THE FOLLOWING REQUIRED PAPERWORK IS NEEDED PRIOR TO THE LAST DAY OF THE TERM IN ORDER FOR YOU TO RECEIVE CREDIT FOR THE SEMESTER

- DOCUMENTING HOURS. Document all direct clinical contact and supervisor hours on the "Monthly Verification Logs" each month and have your supervisors sign these logs for your records. Each semester you will complete a "Semester Summary Log" using cumulative totals from your "Monthly Verification Logs". "Semester Summary Logs" should be completed in full, signed by your internship and externship supervisors, and signed by you. Upload the completed and signed "Semester Summary Log" to Taskstream. In order to encourage on-time submission of hours logs, it is encouraged for students to track hours using the following timeline:
  - **Internship I** submit hours from the start of internship/externship in May through end of July.
  - Internship II submit hours from the start of August through the end of November
  - o **Internship III** submit hours from the start December through the end of March.
  - o **Internship IV / Final Log** submit hours from the start of April through the last day at externship.
- SUPERVISEE EVALUATION and GOALS FORM. During approximately week 10 or 11 of the term, LC CCC supervisors and primary externship supervisors will be sent an automated email from the CTSP Departmental Office with a link to the supervisee evaluation. Supervisors are responsible for completing *and* printing the evaluation and discussing feedback with you; however, you are responsible for completing the goals sheet, obtaining appropriate signatures, and submitting both to Taskstream. You will

upload to Taskstream a supervisee evaluation and goals form for externship and a supervisee evaluation and goals form for internship.

- o \*Please note that goals forms are not required for Internship III and Internship IV.
- SUPERVISOR EVALUATIONS. You are required to complete evaluations of your supervisory relationships with your internship and externship supervisors before the end of the semester. The link to this evaluation will be sent to you by the Lewis & Clark Placement or Research & Assessment Office approximately during week 10 or 11 of the term. A copy of your completed survey will be sent to your respective supervisors as well as the MCFT Clinical Coordinator upon submission.

All Clinical training paperwork needs to be completed, signed, and submitted by April 27th at 11:59pm.

#### **COURSE ASSIGNMENTS**

The following assignments are also required to receive course credit. Unprofessional behavior and/or failure to demonstrate appropriate clinical progress could also result in **No Credit** for the course.

- 1. Participation Our practicum works as a clinical team. It is important to arrive promptly for all class meetings and fully engage in all class and clinical activities. You are required to dedicate 8 hours to internship each week. Therefore, in addition to the 6 hours you will meet as a group with your supervisor, you are required to dedicate an additional 2 hours to independently review videos of your own therapy once we have the capability for this via zoom or are back at the clinic, independently study therapy modalities, and complete clinical case paperwork.
- **2. Readings.** Read the assigned/agreed upon readings prior to class. As you read them, reflect upon their application to your cases or other cases you've observed. Engage in shared discussion of the clinical questions, ideas, or applications raised from the readings.

#### 3. Clinical skills development.

Each student will conclude their 12-month internship at the L&C clinic with a final presentation designed to showcase their approach to systems/relational therapy. Rather than presenting issues for which you seek help, this is your opportunity to demonstrate to the group what you have learned and to showcase your evolving therapeutic identity.

- A. Over the course of the semester, identify aspects or moments of your clinical work that you believe best reflects your therapeutic approach.
- B. Consider which family therapy theory(ies) are foundational to your work and how you integrate concepts or skills from other approaches. Claim a theoretical position.
- C. Prepare a 40-minute presentation that includes:
  - What you experience as a significant aspect of your clinical development this semester
  - A brief overview of the family therapy theory(ies) and theoretical assumptions with which you identify
  - A video segment or verbal report about a case that highlights your therapeutic approach and style. In your case description, provide a summary of the client(s) social location, a brief overview of the client(s) genogram, a brief overview of the

- presenting issue, and a brief description of the work you have done with the client(s) to date.
- D. Following this formal presentation, the group will offer reflections and ask questions (20 mins).

# **COURSE SCHEDULE**

- 1:00-2:30 Independent review of your own therapy videos once we have the capability for this via zoom or are back at the clinic, review of therapy modalities, and clinical case paperwork.
- 2:30-2:45 Check in with supervisor and team, triage crisis issues, assign new cases, and review client schedule for the day
- 2:45-3:50 Share texts and resources, case consultation, case presentations
- 3:50-4:00 Break
- 4:00-8:00 Live supervision
- 8:00-8:30 Debrief and wrap-up

# **Weekly Schedule**

Date	<b>Topic/Presentations</b>	Readings	<b>Assignments Due</b>
Week 1 1/9	General check-in and internship overview.	TBD	
Week 2 1/16	Check-ins, case consultation, & debrief cases		
Week 3 1/23	Check-ins, case consultation, & debrief cases		
Week 4 1/30	Check-ins, case consultation, & debrief cases		
Week 5 2/6	Check-ins, case consultation, & debrief cases		
Week 6 2/13	Check-ins, case consultation, & debrief cases		
Week 7 2/20	Check-ins, case consultation, & debrief cases		

Week 8 2/27	Check-ins, case consultation, & debrief cases	
Week 9 3/5	Check-ins, case consultation, & debrief cases	
Week 10 3/12	Check-ins, case consultation, & debrief cases	
Week 11 3/19	Check-ins, case consultation, & debrief cases	
Week 12 4/2	Check-ins, case consultation, & debrief cases	
Week 13 4/9	Check-ins, case consultation, & debrief cases	Meet with your externship supervisor to review supervisee evaluation and goals sheet.
Week 14 4/16	Supervisee evals Review and sign "Semester Summary Logs"	
Week 15 4/23	Supervisee evals Review and sign "Semester Summary Logs"	DUE BY APRIL 27TH AT 11:59PM Submit paperwork due in Taskstream • Semester hours summary • Supervisee evaluation & goals sheet (externship) • Supervisee evaluation & goals sheet (internship)

	Complete via electronic survey (email link sent to students):
	<ul><li>Superor evaluation (externship)</li><li>Supervisor evaluation</li></ul>
	(internship)  • MCFT 582 Course evaluation

#### EXPECTED CLINICAL SKILLS

By the end of the term, you will be expected to demonstrate the skills listed as internship 3.

1. *Therapeutic Alliance* (convey respect to all clients; join and maintain relationship with all members of system; uses self of the therapist to promote working alliance, and attends to the impact of power on the therapeutic system) SLO 2.1, 4.2 & 4.3

Internship 1.	Internship 2.	Internship 3. Recognizes	Internship 4.
Seeks to	Joins and maintains	societal influences on	Skillfully manages
understand and	connection with all	therapeutic alliance and	relationship with family
empathize with	members in the relationship	seeks to engage silenced or	members to counteract
each person's	system, including those who	overlooked voices and	societal power imbalances
perspective.	may not be present.	perspectives.	and facilitate their
			engagement with each other.

2. Structuring and managing therapy (explain practice setting rules, fees, rights, and responsibilities; determine who should attend therapy and in what configuration; establish and reviews goals; evaluate clients' outcomes for the need to continue, refer, or terminate therapy) SLO 4.2

Internship 1.	Internship 2.	Internship 3.	Internship 4.
Follows basic clinical	Attends to impact of	Interventions regularly	Consistently manages
and procedures,	larger relational systems	reflect a plan to attain	progression of therapy
documents	and considers who best	goals; Works with clients	toward attainment of
appropriately, and	to involve; Organizes	to establish and review	systemic treatment goals.
obtains measurable	flow of the session; goals	systemic goals and	
goals in collaboration	are related to	outcomes; Engages	
with client.	interventions.	relevant systems &	
		relationships.	

3. *Perceptual competency* (identify patterns of interaction; distinguish process from content; identify self as part of the system; develop hypotheses regarding relationship patterns & their bearing on the presenting problem; understand issues related to social justice, cultural democracy, and power) SLO 1.1, 1.2, & 4.2

Internship 1.	Internship 2.	Internship 3.	Internship 4.
Is developing a	Able to distinguish	Regularly recognizes and	Consistently recognizes the
systemic lens to	process from content in	focuses on patterns of	interconnections among
expand presenting	session; Recognizes	interaction and considers	biological, psychological,
issues and content to	issues related to social	how these relate to larger	and social systems, including
hypotheses regarding	justice and cultural	societal processes.	the impact of power on the
interaction patterns	democracy. Reflects on	Observes impact of self in	presenting issues and own
and relational and	own role in the	the therapeutic process.	role in the therapeutic
socio-contextual	therapeutic process.		system.
processes.			

4. *Intervention skills* (link interventions to theory; intervene intentionally and consistently throughout the therapeutic relationship; follow up on interventions; formulate and alter treatment plan as needed; match treatment modalities and techniques to clients' needs, goals, and values; Deliver

interventions in a way that is sensitive to special needs of clients (e.g., gender, age, socioeconomic status, culture/race/ethnicity, sexual orientation, disability, personal history, larger systems issues of the client). SLO 2.2, 4.2, & 4.3

Internship 1.	Internship 2.	Internship 3.	<b>Internship 4.</b> Uses a variety
Applies techniques	Uses a variety of clinical	Expanded intervention	of skills to achieve specific
from at least one	skills, and is beginning to	skill set; Emerging ability	systemic goals; consistently
systemic therapy	connect them to a clear	to link skills to overall	attuned to client's unique
approach.	overall focus or systemic	systemic approach;	social location
	rationale.	recognizes larger context	
		issues and applies	
		appropriate interventions.	

5. Contextual awareness, knowledge and skill (demonstrate of integration of family therapy theory, equity, and social location issues in clinical practice; recognize impact of interventions on wider system; apply systems/relational theories to clinical case conceptualization; recognize how different techniques may impact the treatment process and larger systems issues of justice and power. SLO 2.1, 2.2, & 4.2

Internship 1.	Internship 2.	Internship 3.	Internship 4.
Identifies own	Recognizes issues of	Sessions expand	Clinical practice regularly
cultural biases and	justice and power in	contextual awareness &	demonstrates integration of
assesses relevant	session and attempts to	counteract societal	family therapy theory,
larger systems	respond to these in	inequities; increased	equity, and social location
issues.	systemic treatment	ability to integrate	issues.
	planning.	attention to larger systems	
		issues with family therapy	
		models.	

**6. Assessment and diagnosis** (Consider physical/organic, social, psychological, and spiritual problems that can cause or exacerbate emotional/interpersonal symptoms; diagnose and assess client behavioral and relational health problems systemically and contextually; identify clients' strengths, resilience, and resources; evaluate level of risks; manage risks, crises, and emergencies; complete effective assessments and appropriately use the DSM V) SLO 1.3. 4.2, 4.3

Internship 1.	Internship 2.	Internship 3.	Internship 4.
Completes case	Draws on observation	Regularly Integrates	Demonstrates integrated
assessments for each	and formal assessments	multiple levels of analysis	case conceptualization
case that take into	to formulate systemic	and theories in	across multiple levels of
account multiple	hypotheses that connect	conceptualizing and	analysis that guides in-
systemic levels; able	to goals, diagnoses, and	managing a case	session clinical decisions
to assess level of risk	intervention, including	(biological, sociological,	and case management
and seek help as	management of risks and	interpersonal, spiritual,	
needed. Routinely	crises and relevant DSM	etc.), including areas of	
identifies areas of	diagnoses.	resilience and relevant	
resilience.		DSM diagnoses.	

5. **Multiple Systems** (understand and work along-side other recovery-oriented behavioral health services; develop and maintain collaborative working relationships with referral resources, other practitioners involved in the clients' care, and payers. Work collaboratively with other

stakeholders, including family members, other significant persons, and professionals not present; respect multiple perspectives) SLO 4.2

Internship 1.	Internship 2.	Internship 3.	Internship 4. Works
Aware of scope of	Practices within scope of	Recognizes own clinical	collaboratively with other all
practice of MFTs	MFT, makes appropriate	contributions within an	other stakeholders as they
and identifies other	referrals, and attends to	interdisciplinary system of	intersect in client care.
persons and	other stakeholders,	care; engages family	
professionals	whether or not present.	members and other	
significant to the		significant persons.	
case.			

8. **Research** (using knowledge of current MFT and other research and ability to critique qualitative and quantitative research to inform clinical practice; discern the implications of the sociopolitical context within which research is produced and applied; draw on the research literature relevant to family therapy in case planning, and seeks opportunities to participate in research and evaluate own practice. SLO 3.2 & 4.2

Internship 1.	Internship 2.	Internship 3.	Internship 4.
Shows interest in determining relevance of research to own practice.	Seeks opportunities to read and/or participate in research and begins to apply to own practice.	Critically evaluates research related to the family therapy and integrates into case planning.	Critically uses research to improve and evaluate own practice.

**9. Self of the Therapist** (monitor attitudes, personal well-being, personal issues, and personal problems to insure they do not impact the therapy process adversely or create vulnerability for misconduct; monitor personal reactions to clients and treatment process; self-reflection on the implications of own and other's social location in clinical practice). SLO 2.1 & 4.2

Internship 1.	Internship 2.	Internship 3.	Internship 4.
Open to feedback	Is aware of how own	Is aware of implications of	Draws on consciousness of
from other students,	values, ideas, and social	own and other's social	social context and self-
clients, and	position influence	location during therapy	awareness to flexibly
supervisors and uses	therapy and seeks	sessions	respond to complex clinical
it positively.	consultation to increase		issues.
	self-awareness.		

**10. Social Justice Advocacy** (demonstrate awareness and sensitivity to issues of power and privilege as they relate to therapist and client intersecting identities and social roles; maintain humility; use privilege to promote social equity; dedication to social justice and global citizenship) SLO 2.2, 4.2., & 4.3

planning and treatment planning, and intersect with client to empower and promote	Internship 1.	Internship 2.	Internship 3.	Internship 4.
supervision. obtaining needed services. identities and roles, and social equity and client interests.	Articulates and applies systemic social justice principles in case	Demonstrates cultural humility and emphasizes client strengths and choice in case conceptualization, treatment planning, and obtaining needed	Explores own use of power and privilege as they relate to therapist roles and development, intersect with client identities and roles, and	Uses privilege collaboratively with client(s), agencies, family members, and other systems to empower and promote social equity and client

11. Legal/Ethical Practice (know and follow the AAMFT Code of Ethics, standards of practice, and State Laws and regulations for the practice of marriage/couple and family therapy; understand the legal requirements and limitations, as well as case management issues, for working with vulnerable populations; provide competent service according to the AAMFT code of ethics and core competencies; understand and use appropriate processes for making ethical decisions; seek guidance from supervisors). SLO 4.1 & 4.2

Internship 1.	Internship 2.	Internship 3.	Internship 4.
Knows legal, ethical,	Can apply ethical,	Expands ethical awareness	Has developed a process for
and professional	legal, and professional	and professional	addressing ethical issues in
standards of practice	standards of practice	responsibility to include	case conceptualization/
that apply to MFT.	appropriately in	gender, culture, SES, power,	management and
	therapy.	and privilege.	professional responsibility.

12. Professionalism (recognize when clinical supervision or consultation is necessary; consult with supervisors if personal issues, attitudes, or beliefs threaten to adversely impact clinical work; utilize supervision effectively; integrate supervisor/team communications into treatment; set appropriate boundaries, manage issues of triangulation, utilize time management skills, and develop collaborative working relationships; maintain complete, relevant case notes in a timely manner; complete all required paperwork, letters, contacts, etc. in a professional and timely manner; contact referral sources/other professionals involved in a timely manner and sharing relevant information; maintaining a professional image, professional boundaries, and positive relationships with colleagues). SLO 4.2

Internship 1.	Internship 2.	Internship 3.	Internship 4.
Engages in	Demonstrates initiative in	Appropriately utilizes	Effectively engages with
professional manner	carrying out professional	consultation and	other stakeholders,
within clinical	responsibilities associated	communication with	family members,
setting; seeks and	with role as therapist;	supervisor, treatment team,	professionals, or
utilizes supervision.	identifies specific	and other stakeholders into	significant persons in the
	supervision needs; and	the treatment process;	treatment process and in
	maintains positive	supports the professional	the workplace.
	workplace relationships.	development of colleagues.	