

“We are a community that commits itself to diversity
and sustainability as dimensions of a just society.”
Mission Statement, Lewis & Clark College



**MCFT 563-04: Treatment Issues for School Aged Youth and School Based Settings
SPRING 2023**

Day & Time: Saturday, March 4, 2023 and Saturday, March 11, 2023 9 am-5:30 pm

Place: Corbett House Room 112

Instructors: Caitlin Clark & Lisa Carder

Office Hours: By appointment

Email: Caitlin: chclark@lclark.edu Lisa: lmft.lisacarder@gmail.com

Phone: N/A

CATALOG DESCRIPTION

This course will explore common treatment issues for school aged youth and the benefits and challenges facing practitioners who are school based or working in conjunction with school staff. As more and more mental health agencies implement school-based positions for LMFTs, LCSWs, and LPCs, practitioners need a basic understanding of common mental health challenges for youth, school systems including special education, and treatment approaches that work in tandem with school-based supports. This course will give an overview of information regarding K-12 youth and how working in schools can impact therapeutic work.

Prerequisites: None

Credit: 1 credit hour

MCFT STUDENT LEARNING OUTCOMES

This course promotes the following MCFT program Student Learning outcomes:

SLO 2.1: Students self-reflect on the implications of own and others' social location in clinical practice.

SLO 2.2: Students' clinical practice demonstrates attention to social justice and cultural democracy.

SLO 4.2: Students provide competent service according to the AAMFT code of ethics and core competencies.

COURSE OBJECTIVES

1. Students will gain foundational knowledge of school based therapeutic work including identifying key stakeholders, privacy rights, and core systems within schools.
2. Students will gain basic knowledge of suicide screenings, safety planning, making DHS calls, and other duties of a therapist working directly with school aged youth.
3. Students will complete the class with knowledge of several common interventions to be used

with school aged youth and/or their families.

4. Students will reflect on their own personal and professional boundaries and how to navigate these while working with school aged youth and their families.

REQUIRED TEXTS

None

ADDITIONAL READINGS

At the discretion of the instructor, additional readings related to diversity, ethics, social justice and family transitions will be provided throughout the course as topics and interests arise from scenarios, role-plays, discussions, and personal reflection. Students may be asked to research journals on special topics for personal development and discussion in class

COURSE STRUCTURE

This course is taught using multiple formats, including lecture, role-play, and discussions. Students are expected to fully participate in all portions of class to receive a passing grade.

ASSIGNMENTS & EVALUATION

1. Attendance, Participation, & Disposition: 100 points (100%)

Regular attendance and active participation is expected for all classes. Any missed class time will be made up by completing extra assignments designed by the instructor(s).

Missing more than ten percent of class time may result in failure to complete the class. This would be 4.5 hours of a 45 hour class (3 credits), 3.0 hours for a 30 hour class (2 credits) or 1.5 hours for a 15 hour class (1 credit.) In case of extreme hardship and also at the discretion of the instructor(s), a grade of incomplete may be given for an assignment or the entire course.

The disposition of students is expected to be one of openness and attentiveness. Students are expected to participate in class discussions respectfully and thoughtfully. Incidents of discrimination or other behaviors deemed harmful to peers or instructors will not be tolerated.

Grading:

Participation, Attendance & Disposition: 100%

----- Total: 100%

The grading system used by Lewis & Clark College will be used for final grades: A = 93-100% (93-100 pts)

A- = 90-92% (90-92)

B+ = 88-89% (88-89)

B = 83-87% (83-87)

B- = 80-82% (80-82)

C+ = 78-79% (78-79)

C = 73-77% (73-77)

C- = 70-72% (70-72)

A FAIL grade will be given if:

1. You miss more than 1.5 hours of class or fail to complete compensatory assignments given by the instructors.
2. You minimally participate in class discussions.
3. You offer very little constructive feedback to other students in the class or are combative/otherwise harmful to others.

ACADEMIC HONESTY

Any deliberate borrowing of the ideas, terms, statements, or knowledge of others without clear specific acknowledgement of the source is intellectual theft and is called plagiarism. It is not plagiarism to borrow the ideas, terms, statements, or knowledge of others if the source is clearly and specifically acknowledged. Students who consult such critical material and wish to include some of the insights, terms or statements encountered must provide full citation in an appropriate form. Collaboration in studying and preparing for tests, papers and presentations is acceptable. However, all work submitted must be clearly reflective and distinctive of each individual's work. Plagiarism will result in a grade of zero (0%) on the assignment and a failing grade for the entire course. Further academic sanctions may also be taken.

CPSY DEPARTMENTAL ATTENDANCE POLICY

Class attendance is expected and required. Any missed class time will be made up by completing extra assignments designed by the instructor. Missing more than ten percent of class time may result in failure to complete the class. This would be 4.5 hours of a 45 hour class (3 credits), 3.0 hours for a 30 hour class (2 credits) or 1.5 hours for a 15 hour class (1 credit.) In case of extreme hardship and also at the discretion of the instructor, a grade of incomplete may be given for an assignment or the entire course. In such cases, the work to be submitted in order to remove the incomplete must be documented appropriately and stated deadlines met. Students are expected to be on time to class and tardiness maybe seen as an absence that requires make-up work.

DISABILITY SERVICES STATEMENT

- Option 1: If you have a disability that may impact your academic performance, you may request accommodations by submitting documentation to the Student Support Services Office in Albany Quadrangle (503-768-7192). After you have submitted documentation and filled out paperwork there for the current semester requesting accommodations, staff in that office will notify me of the accommodations for which you are eligible.
- Option 2: If you require academic accommodations please contact the Student Support Services Office in Albany Quadrangle (503-76-7192 or access@lclark.edu). Once you complete the intake process and the Accommodations Agreement, you may Request to Send your Accommodations Letter. Student Support Services staff will then notify faculty of the accommodations for which you are eligible.

DISCLOSURE OF PERSONAL INFORMATION

Each student should decide for himself/herself/themself what information to disclose. Students are advised to be prudent when making self-disclosures. The program cannot guarantee confidentiality of student disclosures given the group environment, although personal comments should be considered private and confidential – and remain only in the classroom – unless an exception to confidentiality applies.

LINKS TO LEWIS & CLARK GRADUATE SCHOOL ESSENTIAL POLICIES This course adheres to the general policies outlined in the catalog and student handbook of the Lewis & Clark Graduate School of Education and Counseling. This includes full adherence to the following policies:

- Nondiscrimination: go.lclark.edu/gsec-nondiscrimination;
- Standards for professional student conduct and academic integrity: go.lclark.edu/gsec-conduct;
- Sexual misconduct: go.lclark.edu/titleIX.

COURSE SCHEDULE

****Subject to Change Based on Instructor(s) Decisions/Student Feedback****

1. Saturday, March 4 9:00 am-5:30 pm
 - a. Introductions
 - b. Foundational Knowledge
 - c. 10 MINUTE BREAK
 - d. Personal and Professional Boundaries
 - e. 45 MINUTE LUNCH
 - f. Role of a Therapist in a School/Working with School-Aged Youth
 - g. 10 MINUTE BREAK
 - h. Hats We Wear
 - i. Self Preservation
 - j. Closing
2. Saturday, March 11 9:00 am-5:30 pm
 - a. Recap
 - b. Presentation from Jonquil Vann, School Psychologist
 - c. 10 MINUTE BREAK
 - d. Suicide Screenings & Safety Planning with Youth
 - e. 45 MINUTE LUNCH
 - f. Making DHS Calls
 - g. Common Diagnoses for Youth
 - h. 10 MINUTE BREAK
 - i. Therapy Interventions for Youth & Families
 - j. Closing