# Lewis & Clark Graduate School of Education and Counseling



"We are a community that commits itself to diversity and sustainability as dimensions of a just society"

- Mission Statement, Lewis & Clark College

# MCFT 582-10 Internship in Marriage, Couple, and Family Therapy SUMMER 2021

Time & Day: 2:30 – 8:30 pm Wednesdays (Plus 2 additional hours for independent case review

and paperwork to total at least 8 hrs.)

Location: L&C Community Counseling Center (Currently on Zoom)

4445 SW Barbur Blvd., Portland, OR 97239

Instructor: Marcia L. Michaels, PhD, LMFT

Office Hours: by appointment

Phone: 714-856-4534 (cell) – texting is available

Email: marcia@lclark.edu; marcia@marciamichaels.com

#### CATALOG DESCRIPTION

Supervised practicum bridging theoretical and practical topics; students apply their emerging skills and understanding of family therapy models to their work with individuals, couples, families, and groups; overview of basic family therapy concepts and skills, including skill development through role-playing and simulated family therapy experiences.

**Credits**: 4 semester hours.

#### MCFT STUDENT LEARNING OUTCOMES

- SLO 1.3 Students apply systems/relational theories to clinical case conceptualization.
- SLO 2.1 Students self-reflect on the implications of own and others' social location in clinical practice.
- SLO 2.2 Students' practice demonstrates attention to social justice and cultural democracy.
- SLO 3.2 Students draw on the research literature relevant to family therapy in case planning
- SLO 4.1 Students apply ethical decision-making process to clinical dilemmas.
- SLO 4.2 Students provide competent service according to the AAMFT code of ethics and core competencies.
- SLO 4.3 Students demonstrate integration of family therapy theory, equity, and social location issues in clinical practice.

#### REQUIRED TEXT

Miller, W. R., & Moyers, T. B. (2021). *Effective psychotherapists: Clinical skills that improve client outcomes.* New York, NY: Guilford Press.

- **RECOMMENDED TEXTS** (choose books from your library that will help you achieve your clinical goals for this semester examples include, but are not limited to, the following books)
- Cozolino, L. (2016). Why therapy works: Using our minds to change our brains. New York, NY: Norton
- Dittilio, F. M., Jongsma, A. J., & Davis, S. (2014). *The family therapy treatment planner, 2<sup>nd</sup> Ed.* New York, NY: Wiley
- Gehart, D. (2016). Theory and treatment planning in family therapy: A competency-based approach. Boston, MA: Cengage Learning.
- Knudson-Martin, C., Wells, M.A., & Samman, S. K. (2015). Socio-emotional relationship therapy: Bridging emotion, societal context, and couple interaction. New York: Springer.
- McDowell, T., Knudson-Martin, C., & Bermudez, J. M. (2018). Socioculturally attuned family therapy: Guidelines for equitable theory and practice. New York, NY: Routledge.

#### **COURSE DESCRIPTION**

This course includes:

- Eight hours weekly at the L&C CCC—includes two hours in addition to scheduled class time for reviewing your videos, maintaining case files and documentation, etc. Students will participate in case observation when not in session themselves, and as directed by the instructor. On occasion, students may need to attend to emergency client concerns outside of their internship day.
- Approximately 2-3 days at an externship site—includes supervision, client contact, and engagement in all responsibilities expected at the placement

This internship provides experience in applying family therapy theory to clinical practice in our departmental clinical training facility, the L&C Community Counseling Center, while concurrently beginning an externship in a community agency. Through live AAMFT approved supervision and team consultation, students will have the opportunity to apply a variety of systemic ideas and practices reflective in social justice based Marriage and Family Therapy approaches. Throughout your clinical practice, you will participate in group and individual supervision. You may be asked to meet with your supervisor alone or with one other MFT trainee in the program. Individual supervision is defined as no more than two supervisees meeting with a supervisor face to face.

The COAMFTE requirements for observable data have been temporarily suspended, due to accommodations for programs in the context of COVID (valid until end of December 2021). However, typically, the standard would be that the majority of supervision (at least 50%) must be based on observable data (i.e., live observation/video-tapes of sessions with clients or co-therapy with your supervisor). Supervision must be maintained during academic breaks when you are not actually enrolled in the course but are seeing clients through your affiliation with Lewis and Clark College.

This syllabus serves as a contract between you, the program, and your individual faculty supervisor. Standard COAMFTE requirements expect you to complete 500 hours of direct client contact (200 relational) and 100 hours of supervision as detailed in the MCFT Clinical Training Handbook, by the end of your program.

Due to the Covid-19 Pandemic and the resulting public health crisis, contingency plans have been temporarily permitted by COAMFTE and the Lewis & Clark MCFT program (valid until December 2021). Please refer to the "MCFT Contingency Plan Covid-19 Impact – Students Graduating Summer 2021" document on our website for full details of the MCFT program's accommodations. However, as of January 2022, contingency plans will no longer be valid. Therefore, the program is currently reviewing its clinical hour requirements in light of COAMFTE's recently published version 12.5 standards and the evolving COVID-19 context. The program will inform students and supervisors of any changes to the program's standard 500 hours, of which 200 must be relational hours, requirement.

#### **COURSE OBJECTIVES**

As a result of this course students will:

- 1. Apply their developing skills and understanding of systemic clinical processes to treatment planning and practice of marriage, couple, and family therapy.
- 2. Engage in self-reflection and supervision practices that facilitate development of clinical skills.
- 3. Integrate family therapy theory, equity, and social location issues in clinical practice.
- 4. Demonstrate ethical clinical judgment in consultation with supervisor and practicum group.

Throughout your clinical experience and supervision, you will be working on numerous areas of your clinical work. Areas that will be included in your evaluation at the end of the semester are outlined at the end of this document. Please review them.

# COURSE OBJECTIVES, STUDENT LEARNING OUTCOMES, AND EVALUATION ACTIVITIES

Course Objective	MCFT	AAMFT Core Competencies &	Evaluated by
	Student	AMFTRB task statements	
	Learning		
	Outcomes		
1. Apply their	SLO 1.3	CC 1.1.1; CC 1.1.2; CC 1.3.1; CC	Reflective Case
developing skills and	SLO 3.2	2.1.1; CC 2.1.2; CC 2.1.4; CC	Analysis
understanding of	SLO 4.1	2.1.7; CC 2.2.3; CC 2.3.1; CC	
systemic clinical	SLO 4.2	2.3.6; CC 2.3.7; CC 2.4.2; CC	Case
processes to treatment	SLO 4.3	3.1.1; CC 3.2.1; CC 3.3.1; CC	Documentation
planning and practice of		3.4.5; CC 4.1.1; CC 4.1.2; CC	Externship
marriage, couple, and		4.3.8; CC 4.4.1; CC 4.5.1; CC	Evaluations
family therapy.		4.5.3; CC 5.1.1; CC 5.1.2; CC	Evaluations
		5.1.4; CC 5.2.1; CC 5.2.2; CC	
		5.3.8; CC 5.4.1; CC 5.4.2; CC	
		5.5.2; CC 6.1.1; CC 6.3.1; CC	
		6.3.2; CC 6.4.1	
		TS 01.01; TS 01.02; TS 01.04; TS	
		01.05; TS 01.06; TS 02.02; TS	

		02.21; TS 02.30; TS 03.04; TS	
		04.01	
2. Engage in self-	SLO 2.1	CC 1.1.3; CC 1.2.1; CC 1.2.2; CC	Participation
reflection and	SLO 2.1	1.3.1; CC 2.1.4; CC 2.1.6; CC	1 articipation
supervision practices	SEC 2.2	2.3.1; CC 2.3.7; CC 2.3.8; CC	Reflective Case
that facilitate		3.4.5; CC 4.1.1; CC 4.1.2; CC	Analysis
development of clinical		4.3.2; CC 4.3.8; CC 4.4.1; CC 4.4.1	-
skills.		CC 4.4.6; CC 4.5.1; CC 4.5.3; CC	
SKIIIS.		5.1.4; CC 5.2.2; CC 5.5.2	
		3.1.1, 00 3.2.2, 00 3.3.2	
		TS 01.04; TS 01.05; TS 02.06; TS	
		02.08; TS 02.18; TS 03.11; TS	
		03.23; TS 05.09; TS 06.04	
3. Integrate family	SLO 2.2	CC 1.1.1; CC 1.1.2; CC 1.1.3; CC	Reflective Case
therapy theory, equity,	SLO 4.1	1.2.1; CC 1.3.1; CC 2.1.1; CC	Analysis
and social location	SLO 4.2	2.1.4; CC 2.1.6; CC 2.2.3; CC	7 Hidiyolo
issues in clinical	SLO 4.3	2.3.1; CC 2.3.6; CC 2.3.7; CC	Case
practice.	520 1.5	2.3.8; CC 3.1.1; CC 3.2.1; CC	Documentation
praetice:		3.3.1; CC 3.4.5; CC 4.1.1; CC	
		4.1.2; CC 4.3.2; CC 4.3.8; CC	
		4.4.1; CC 4.4.6; CC 4.5.1; CC	
		4.5.3; CC 5.1.1; CC 5.1.2; CC	
		5.1.4; CC 5.2.1; CC 5.2.2; CC	
		5.4.1; CC 5.4.2; CC 5.5.2; CC	
		6.1.1; CC 6.3.2; CC 6.4.1	
		0.1.1, 00 0.3.2, 00 0.1.1	
		TS 01.01; TS 01.02; TS 01.04; TS	
		01.05; TS 01.06; TS 02.01; TS	
		02.02; TS 02.06; TS 02.08; TS	
		02.18; TS 02.20; TS 02.30; TS	
		03.04; TS 03.11; TS 03.23; TS	
		05.09	
4. Demonstrate ethical	SLO 2.2	CC 1.1.3; CC 1.2.1; CC 1.3.1; CC	Participation
clinical judgment in	SLO 3.2	2.1.2; CC 2.1.4; CC 2.1.6; CC	<b>r</b>
consultation with	SLO 4.1	2.1.7; CC 2.3.1; CC 2.3.7; CC	
supervisor and		2.3.8; CC 3.1.1; CC 4.1.1; CC	
practicum group.		4.1.2; CC 4.3.2; CC 4.3.8; CC	
Francisco Brank.		4.4.1; CC 4.4.6; CC 4.5.3; CC	
		5.1.1; CC 5.1.2; CC 5.1.4; CC	
		5.2.1; CC 5.2.2; CC 5.3.8; CC	
		5.4.2; CC 5.5.2; CC 6.1.1; CC	
		6.3.1; CC 6.3.2	
		TS 01.04; TS 01.05; TS 02.06; TS	
		02.08; TS 02.18; TS 02.20; TS	

	03.11; TS 03.23; TS 04.01; TS	
	05.09	

#### PRACTICUM IN THE EVOLVING COVID-19 CONTEXT

The COVID-19 context continues to evolve and we find ourselves yet again coming together in an academic and professional capacity for the purpose of learning and developing as therapists-in-training during a dynamic time.

It is crucial that we do our best to approach the learning process with grace and understanding for ourselves and one another. As we continue to learn and grow in our academic and professional capacities, we must nurture sustainable self-care practices that enable us to be available for one another and our clients during periods of challenge and uncertainty.

The Lewis & Clark Community Counseling Center (LC3C) will offer training and clinical services online at the outset of the Summer 2021 semester. This will be our baseline mode of operations with flexible plans for reintegration in-person services as circumstances allow. As such, MCFT 582 Internship may continue online components throughout the semester, to achieve the best possible training experience while adhering to the public health safety precautions. Successful training through this platform has several requirements. As such, you will need to consider the following requirements:

- A computer PC or Macintosh- with video capabilities and a stable Internet connection. Higher speed Internet connections (cable modem, DSL with speed of at least 10 mbps) are strongly recommended.
- The most current version of Zoom downloaded as an application on your computer
  - o Download Zoom <a href="https://zoom.us/download">https://zoom.us/download</a>
  - o Sign in information and guidelines are provided on the LC3C Moodle page
  - For help and troubleshooting with Zoom, visit the Zoom Help Center: <a href="https://support.zoom.us/hc/en-us">https://support.zoom.us/hc/en-us</a>
- Follow LC3C instructions and protocol for using Zoom treatment rooms, treatment room emails, and google drive for storing client files
- Ironkey (encrypted USB) and headphones with microphones highly recommended
- Computer skills email, surf the Internet, create basic word processor files, use track changes feature in Word, upload and download documents.
  - o Microsoft Office 2010 or higher (Must include Word and PowerPoint).
  - Familiarity with Google Suite and Drive features for documentation and record keeping
- Access to quiet, confidential space for the duration of the practicum hours to conduct therapy sessions and participate in supervision
- A reliable Lewis & Clark email address (lclark.edu) that will not change from the beginning until the end of the semester.
- A "technology back-up" plan. Students should plan out an alternative location in the event their computer or Internet connection is not working.

Students are also required to:

- Make use of the online course materials available via Moodle(<a href="https://moodle.lclark.edu/">https://moodle.lclark.edu/</a>). You need to log into Moodle and give the system 24 hours for the courses to appear on your dashboard. Access to these materials is available once you have registered for the course.
- Check your Lewis & Clark email (lclark.edu) on a daily basis for communication from the instructor and LC3C, and respond in a timely manner

#### CPSY DEPARTMENTAL ATTENDANCE POLICY

Class attendance is expected and required. Any missed class time will be made up by completing extra assignments designed by the instructor. Missing more than ten percent of class time may result in failure to complete the class. This would be 4.5 hours of a 45 hour class (3 credits), 3.0 hours for a 30 hour class (2 credits) or 1.5 hours for a 15 hour class (1 credit.) In case of extreme hardship and also at the discretion of the instructor, a grade of incomplete may be given for an assignment or the entire course. In such cases, the work to be submitted in order to remove the incomplete must be documented appropriately and stated deadlines met. Students are expected to be on time to class and tardiness maybe seen as an absence that requires make-up work.

#### DISABILITY SERVICES STATEMENT

- Option 1: If you have a disability that may impact your academic performance, you may request accommodations by submitting documentation to the Student Support Services Office in Albany Quadrangle (503-768-7192). After you have submitted documentation and filled out paperwork there for the current semester requesting accommodations, staff in that office will notify me of the accommodations for which you are eligible.
- Option 2: If you require academic accommodations please contact the Student Support Services Office in Albany Quadrangle (503-76-7192 or access@lclark.edu). Once you complete the intake process and the Accommodations Agreement, you may Request to Send your Accommodations Letter. Student Support Services staff will then notify faculty of the accommodations for which you are eligible.

## NON-DISCRIMINATION POLICY

Lewis & Clark College adheres to a nondiscriminatory policy with respect to employment, enrollment, and program. The College does not discriminate on the basis of race, color, creed, religion, sex, national origin, age, handicap or disability, sexual orientation, or marital status and has a firm commitment to promote the letter and spirit of all equal opportunity and civil rights laws.

## DISCLOSURE OF PERSONAL INFORMATION

The Commission on Accreditation for Marriage and Family Therapy Education (COAMFTE) requires the program to have "established policies for informing applicants and students regarding disclosure of their personal information" (COAMFTE Standard 140.02, 2003). Each student should decide for him/herself what information to disclose. Students are advised to be prudent when making self-disclosures. The program cannot guarantee confidentiality of student disclosures given the group environment, although personal comments should be considered

private and confidential – and remain only in the classroom – unless an exception to confidentiality applies.

#### LINKS TO LEWIS & CLARK GRADUATE SCHOOL ESSENTIAL POLICIES

This course adheres to the general policies outlined in the catalog and student handbook of the Lewis & Clark Graduate School of Education and Counseling. This includes full adherence to the following policies:

- Nondiscrimination: go.lclark.edu/gsec-nondiscrimination;
- Standards for professional student conduct and academic integrity: <u>go.lclark.edu/gsec-</u>conduct;
- Sexual misconduct: go.lclark.edu/titleIX.

#### **EVALUATION AND GRADING**

Grade is Credit (CR)/No Credit (NC). Grades are based on your internship supervisor's comprehensive review of your end-of-term supervisee evaluations from all supervisors at all sites, satisfactory completion of course assignments, and demonstration of expected professional standards. To pass, students must upload copies of their supervisee evaluations and goals sheets to Taskstream, and complete supervisor evaluations through links provided via email. A grade of No Credit (NC) means that the student may not move forward into the next term of internship and administrative withdrawal from the program. A copy of the supervisee evaluation with a list of the clinical competencies evaluated is included at the end of this syllabus.

# **COURSE REQUIREMENTS**

#### 1. Attendance, participation, disposition and dress code

- Timely attendance and active participation in all activities is expected.
- Participate in supporting the professional development of all class members.
- Keep your supervisor informed regarding the status of all of your cases.
- Contact your supervisor immediately should you encounter a clinical emergency or suspect the need to report abuse or neglect.
- Dress code: business casual. How you dress always conveys a social message, even if none is intended. Avoid short skirts and low cut chest exposing shirts.
- Learn how to use the recording equipment and computer related technology.
- Clean up after yourself and keeping the clinic space neat and clean.

#### 2) Ethics

Practice according to the American Association for Marriage and Family Therapy (AAMFT) code of ethics and the Oregon State Laws. Inform your MCFT 582 instructor/supervisor, externship supervisor, and/or the program clinical coordinator of any potential ethical or legal infractions you may be involved in or know about.

# 3) Supervision

- Let your supervisor know about any situations that might limit your ability to perform your clinical role. Inform your L&C supervisor and the clinical coordinator of any problems you experience in your off-site placement.
- Let your supervisor know when you have concerns about supervision so that you can maintain a positive working relationship.
- Be involved and offer input about all cases presented during supervision, even if you are not directly seeing the clients.
- Maintain contact and respond in a timely manner to clients and other professionals.
- Complete any additional requirements agreed on by you and your supervisor(s)

# 4) Professionalism

- Adhere to all policies, procedures, and expectations at each clinical site.
- Maintain complete and timely case notes.
- Maintain professional image and relationships.

# 5) Documentation—REQUIRED IN ORDER TO RECEIVE CREDIT FOR THE SEMESTER (Refer to the MCFT Clinical Paperwork Timeline Document on the MCFT webpage

- DOCUMENTING HOURS. Document your clinical contact and supervisor hours on the "Monthly Verification Logs" and have your supervisors sign them each month. Keep these for your records, but do not submit these to Ayshia in the CTSP office. Transfer cumulative totals from the "Monthly Verification Logs" to the "Semester Summary Log", and submit this to Ayshia. Keep a copy of this log for your record, too.
- SUPERVISEE EVALUATION and GOALS FORM. Approximately one month before the end of the term (mid-July), arrange for each of your supervisors to complete an electronic supervisee evaluation *and* print you a copy. (Clinical coordinator will send a link to your supervisors for this evaluation). Meet with each of your supervisors to review your supervisee evaluation and complete the signature and goals form.
- SUPERVISOR EVALUATIONS. You are required to complete evaluations on your supervisory relationships with your internship and externship supervisors before the end of the semester. The link to this evaluation will be sent to you by the Lewis & Clark Placement or Research & Assessment Office.

#### • SUBMIT BY August 20th,

- A copy of your "Semester Summary Log" for hours completed from May -August to Ayshia amoua@lclark.edu in the CTSP office.
  - Please note, August hours may be reported with fall semester hours.
- o On Taskstream, upload a copy of each of your supervisee evaluations and accompanying signed Signature and Goal forms.
- Complete a MCFT 582 course evaluation through link sent from L&C Research and Assessment office

Each of the above MUST be completed before your instructor can give you

## your grade for the semester.

#### **COURSE ASSIGNMENTS**

The following assignments are also required to receive course credit. Unprofessional behavior and/or failure to demonstrate appropriate clinical progress could also result in **No Credit** for the course.

- 1. Participation Our practicum works as a clinical team. It is important to arrive promptly for all class meetings and fully engage in all class and clinical activities. You are required to dedicate 8 hours to internship each week. Therefore, in addition to the 6 hours you will meet as a group with your supervisor, you are required to dedicate an additional 2 hours to independently review videos of your own therapy once we have the capability for this via zoom or are back at the clinic, independently study therapy modalities, and complete clinical case paperwork.
- **2. Readings.** Read the assigned/agreed upon readings prior to class. As you read them, reflect upon their application to your cases or other cases you've observed. Engage in shared discussion of the clinical questions, ideas, or applications raised from the readings.

# 3. Clinical skills development.

Each student will conclude their 12-month internship at the L&C clinic with a final presentation designed to showcase their approach to systems/relational therapy. Rather than presenting issues for which you seek help, this is your opportunity to demonstrate to the group what you have learned and to showcase your evolving therapeutic identity.

- A. Over the course of the semester, identify aspects or moments of your clinical work that you believe best reflects your therapeutic approach.
- B. Consider which family therapy theory(ies) are foundational to your work and how you integrate concepts or skills from other approaches. Claim a theoretical position.
- C. Prepare a 40-minute presentation that includes:
  - What you experience as a significant aspect of your clinical development this semester
  - A brief overview of the family therapy theory(ies) and theoretical assumptions with which you identify
  - A video segment or verbal report about a case that highlights your therapeutic approach and style. In your case description, provide a summary of the client(s) social location, a brief overview of the client(s) genogram, a brief overview of the presenting issue, and a brief description of the work you have done with the client(s) to date.
- 2. Following this formal presentation, the group will offer reflections and ask questions (20 mins).

#### COURSE SCHEDULE

1:00-2:30 Independent review of your own therapy videos once we have the capability for this via zoom or are back at the clinic, review therapy modalities and clinical case paperwork, prep for your clinical work this evening

2:30-2:45 Check in with supervisor and team, triage crisis issues, assign new cases, and review client schedule for the day

2:45-3:45 Discuss readings and application to your cases or clinical development; case consultation, case presentation

3:45-4:00 Break

4:00-8:00 Live supervision

8:00-8:30 Processing the therapy sessions

8:30-9:00 Complete clinical case paperwork

Weekly readings are to be completed for the day indicated. Students are expected to be prepared to discuss the ideas and concepts discussed in the readings and are responsible for all of the assigned readings, whether or not they are discussed in class.

Date	Topic/Presentations	Reading
May 12 – Week 1	Clinic Orientation & Getting Familiar	L&C CCC Policies,
		Procedures, & Training
		Manual; Codes of Ethics;
		MCFT Clinical Training
		Manual
May 19 – Week 2	Check-ins, case	Miller & Moyers Ch 1 &
	consultation/presentation, debrief	2
		And Invitation
		Therapist Effects
May 26 – Week 3	Check-ins, case	Miller & Moyers Ch 3
	consultation/presentation, debrief	Accurate Empathy
June 2 – Week 4	Check-ins, case	Miller & Moyers Ch 4
	consultation/presentation, debrief	Acceptance
June 9 – Week 5	Check-ins, case	Miller & Moyers Ch 5
	consultation/presentation, debrief	Positive Regard
June 16 – Week 6	Check-ins, case	Miller & Moyers Ch 6
	consultation/presentation, debrief	Genuineness
June 23 – Week 7	Check-ins, case	Miller & Moyers Ch 7
	consultation/presentation, debrief	Focus
June 30 – Week 8	Check-ins, case	Miller & Moyers Ch 8
	consultation/presentation, debrief	Норе
July 7 – Week 9	Check-ins, case	Miller & Moyers Ch 9
	consultation/presentation, debrief	Evocation
July 14 – Week 10	Check-ins, case	Miller & Moyers Ch 10
	consultation/presentation, debrief	Offering Info & Advice
July 21 – Week 11	Check-ins, case	Miller & Moyers Ch 11
	consultation/presentation, debrief	Far Side of Complexity
		Arrange off-site
		supervisor evaluation

July 28 – Week 12	Check-is, case consultation/presentation, debrief	Miller & Moyers Ch 12 Developing Expertise
Aug 4 – Week 13	Check-ins, case consultation/presentation, debrief	Miller & Moyers Ch 13 Teaching Therapeutic Skills Meet with off-site supervisor to review evaluation & goal sheet
Aug 11 – Week 14	Check-ins, case consultation/presentation, debrief Review supervisee evaluations & goal sheets	Miller & Moyers Ch 14 Toward Broader Clinical Science
Aug 18 – Week 15	END OF TERM REFLECTIONS Review & sign Semester Summary Logs	1. Email Semester Summary Log to Ayshia 2. Upload supervisee evaluations & goal sheets to Taskstream 3. Complete supervisor evaluations (you will receive a link via email)

Determine plan for seeing clients during break. Classes resume Wednesday Sept 1.

#### EXPECTED CLINICAL SKILLS

By the end of the term, you will be expected to demonstrate the skills listed as internship 1.

1. *Therapeutic Alliance* (convey respect to all clients; join and maintain relationship with all members of system; uses self of the therapist to promote working alliance, and attends to the impact of power on the therapeutic system) SLO 2.1, 4.2 & 4.3

Internship 1.	Internship 2.	Internship 3. Recognizes	Internship 4.
Seeks to	Joins and maintains	societal influences on	Skillfully manages
understand and	connection with all	therapeutic alliance and	relationship with family
empathize with	members in the relationship	seeks to engage silenced or	members to counteract
each person's	system, including those who	overlooked voices and	societal power imbalances
perspective.	may not be present.	perspectives.	and facilitate their
			engagement with each
			other.

2. Structuring and managing therapy (explain practice setting rules, fees, rights, and responsibilities; determine who should attend therapy and in what configuration; establish and reviews goals; evaluate clients' outcomes for the need to continue, refer, or terminate therapy) SLO 4.2

Internship 1.	Internship 2.	Internship 3.	Internship 4.
Follows basic clinical	Attends to impact of	Interventions regularly	Consistently manages
and procedures,	larger relational systems	reflect a plan to attain	progression of therapy
documents	and considers who best	goals; Works with clients	toward attainment of
appropriately, and	to involve; Organizes	to establish and review	systemic treatment goals.
obtains measurable	flow of the session; goals	systemic goals and	
goals in collaboration	are related to	outcomes; Engages	
with client.	interventions.	relevant systems &	
		relationships.	

3. **Perceptual competency** (identify patterns of interaction; distinguish process from content; identify self as part of the system; develop hypotheses regarding relationship patterns & their bearing on the presenting problem; understand issues related to social justice, cultural democracy, and power) SLO 1.1, 1.2, & 4.2

Internship 1.	Internship 2.	Internship 3.	Internship 4.
Is developing a	Able to distinguish	Regularly recognizes and	Consistently recognizes the
systemic lens to	process from content in	focuses on patterns of	interconnections among
expand presenting	session; Recognizes	interaction and considers	biological, psychological, and
issues and content to	issues related to social	how these relate to larger	social systems, including the
hypotheses	justice and cultural	societal processes.	impact of power on the
regarding interaction	democracy. Reflects on	Observes impact of self in	presenting issues and own
patterns and	own role in the	the therapeutic process.	role in the therapeutic
relational and socio-	therapeutic process.		system.
contextual			
processes.			

4. *Intervention skills* (link interventions to theory; intervene intentionally and consistently throughout the therapeutic relationship; follow up on interventions; formulate and alter treatment plan as needed; match treatment modalities and techniques to clients' needs, goals, and values; Deliver interventions in a way that is sensitive to special needs of clients (e.g., gender, age, socioeconomic status, culture/race/ethnicity, sexual orientation, disability, personal history, larger systems issues of the client). SLO 2.2, 4.2, & 4.3

$\frac{110110}{1}$ . $\frac{1100}{1}$	.2, <del>a</del> 4.3		
Internship 1.	Internship 2.	Internship 3.	Internship 4. Uses a variety
Applies techniques	Uses a variety of clinical	Expanded intervention	of skills to achieve specific
from at least one	skills, and is beginning to	skill set; Emerging ability	systemic goals; consistently
systemic therapy	connect them to a clear	to link skills to overall	attuned to client's unique
approach.	overall focus or systemic	systemic approach;	social location
	rationale.	recognizes larger context	
		issues and applies	
		appropriate interventions.	

5. Contextual awareness, knowledge and skill (demonstrate of integration of family therapy theory, equity, and social location issues in clinical practice; recognize impact of interventions on wider system; apply systems/relational theories to clinical case conceptualization; recognize how different techniques may impact the treatment process and larger systems issues of justice and power. SLO 2.1, 2.2, & 4.2

Internship 1.	Internship 2.	Internship 3.	Internship 4.
Identifies own	Recognizes issues of	Sessions expand	Clinical practice regularly
cultural biases and	justice and power in	contextual awareness &	demonstrates integration of
assesses relevant	session and attempts to	counteract societal	family therapy theory,
larger systems	respond to these in	inequities; increased	equity, and social location
issues.	systemic treatment	ability to integrate	issues.
	planning.	attention to larger	
		systems issues with family	
		therapy models.	

**6. Assessment and diagnosis** (Consider physical/organic, social, psychological, and spiritual problems that can cause or exacerbate emotional/interpersonal symptoms; diagnose and assess client behavioral and relational health problems systemically and contextually; identify clients' strengths, resilience, and resources; evaluate level of risks; manage risks, crises, and emergencies; complete effective assessments and appropriately use the DSM V) SLO 1.3. 4.2, 4.3

Internship 1.	Internship 2.	Internship 3.	Internship 4.
Completes case	Draws on observation	Regularly Integrates	Demonstrates integrated
assessments for each	and formal assessments	multiple levels of analysis	case conceptualization
case that take into	to formulate systemic	and theories in	across multiple levels of
account multiple	hypotheses that connect	conceptualizing and	analysis that guides in-
systemic levels; able	to goals, diagnoses, and	managing a case	session clinical decisions and
to assess level of risk	intervention, including	(biological, sociological,	case management
and seek help as	management of risks and	interpersonal, spiritual,	
needed. Routinely	crises and relevant DSM	etc.), including areas of	
identifies areas of	diagnoses.	resilience and relevant	
resilience.		DSM diagnoses.	

5. **Multiple Systems** (understand and work along-side other recovery-oriented behavioral health services; develop and maintain collaborative working relationships with referral resources, other practitioners involved in the clients' care, and payers. Work collaboratively with other stakeholders, including family members, other significant persons, and professionals not present; respect multiple perspectives) SLO 4.2

Internship 1.	Internship 2.	Internship 3.	Internship 4. Works
Aware of scope of	Practices within scope of	Recognizes own clinical	collaboratively with other all
practice of MFTs and	MFT, makes appropriate	contributions within an	other stakeholders as they
identifies other	referrals, and attends to	interdisciplinary system of	intersect in client care.
persons and	other stakeholders,	care; engages family	
professionals	whether or not present.	members and other	
significant to the		significant persons.	
case.			

8. **Research** (using knowledge of current MFT and other research and ability to critique qualitative and quantitative research to inform clinical practice; discern the implications of the sociopolitical context within which research is produced and applied; draw on the research literature relevant to family therapy in case planning, and seeks opportunities to participate in research and evaluate own practice. SLO 3.2 & 4.2

Internship 1.	Internship 2.	Internship 3.	Internship 4.
Shows interest in determining relevance of research to own	Seeks opportunities to read and/or participate in research and begins to apply to own practice.	Critically evaluates research related to the family therapy and integrates into case	Critically uses research to improve and evaluate own practice.
practice.		planning.	

9. Self of the Therapist (monitor attitudes, personal well-being, personal issues, and personal problems to insure they do not impact the therapy process adversely or create vulnerability for misconduct; monitor personal reactions to clients and treatment process; self-reflection on the implications of own and other's social location in clinical practice). SLO 2.1 & 4.2

Internship 1.	Internship 2.	Internship 3.	Internship 4.
Open to feedback	Is aware of how own	Is aware of implications of	Draws on consciousness of
from other students,	values, ideas, and social	own and other's social	social context and self-
clients, and	position influence	location during therapy	awareness to flexibly
supervisors and uses	therapy and seeks	sessions	respond to complex clinical
it positively.	consultation to increase		issues.
	self-awareness.		

10. Social Justice Advocacy (demonstrate awareness and sensitivity to issues of power and privilege as they relate to therapist and client intersecting identities and social roles; maintain humility; use privilege to promote social equity; dedication to social justice and global citizenship) SLO 2.2, 4.2., & 4.3

Internship 1.	Internship 2.	Internship 3.	Internship 4.
Articulates and	Demonstrates cultural	Explores own use of	Uses privilege
applies systemic	humility and emphasizes	power and privilege as	collaboratively with client(s),
social justice	client strengths and choice in case	they relate to therapist	agencies, family members,
principles in case	conceptualization,	roles and development,	and other systems to
planning and	treatment planning, and	intersect with client	empower and promote
supervision.	obtaining needed	identities and roles, and	social equity and client
	services.	foster global citizenship.	interests.

11. Legal/Ethical Practice (know and follow the AAMFT Code of Ethics, standards of practice, and State Laws and regulations for the practice of marriage/couple and family therapy; understand the legal requirements and limitations, as well as case management issues, for working with vulnerable populations; provide competent service according to the AAMFT code of ethics and core competencies; understand and use appropriate processes for making ethical decisions; seek guidance from supervisors). SLO 4.1 & 4.2

Internship 1.	Internship 2.	Internship 3.	Internship 4.
Knows legal, ethical,	Can apply ethical,	Expands ethical awareness	Has developed a process for
and professional	legal, and professional	and professional	addressing ethical issues in
standards of practice	standards of practice	responsibility to include	case conceptualization/
that apply to MFT.	appropriately in	gender, culture, SES, power,	management and
	therapy.	and privilege.	professional responsibility.

12. Professionalism (recognize when clinical supervision or consultation is necessary; consult with supervisors if personal issues, attitudes, or beliefs threaten to adversely impact clinical work; utilize supervision effectively; integrate supervisor/team communications into treatment; set appropriate boundaries, manage issues of triangulation, utilize time management skills, and develop collaborative working relationships; maintain complete, relevant case notes in a timely manner; complete all required paperwork, letters, contacts, etc. in a professional and timely manner; contact referral sources/other professionals involved in a timely manner and sharing relevant information; maintaining a professional image, professional boundaries, and positive relationships with colleagues). SLO 4.2

Internship 1.	Internship 2.	Internship 3.	Internship 4.
Engages in	Demonstrates initiative in	Appropriately utilizes	Effectively engages with
professional manner	carrying out professional	consultation and	other stakeholders,
within clinical	responsibilities associated	communication with	family members,
setting; seeks and	with role as therapist;	supervisor, treatment team,	professionals, or
utilizes supervision.	identifies specific	and other stakeholders into	significant persons in the
	supervision needs; and	the treatment process;	treatment process and in
	maintains positive	supports the professional	the workplace.
	workplace relationships.	development of colleagues.	