

**Developing Creative Interventions in Counseling and  
Psychotherapy through Relational Intuition (1 credit)  
Friday 9:00-12:45, Saturday 9:00-12:45, July 10/11; 17/18  
Summer 2020**

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Office hours: Tuesday  
afternoons, after class  
and by appointment  
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*Please email me to make appointments for office hours and make sure the appointment is confirmed by me through Google calendar. If I have no appointments scheduled during office hours, I may schedule meetings or other appointments during those times.  
Thank you!*

Course Description: This experiential course will assist students in using intuition to design and deliver creative interventions in counseling as well as to understand how those interventions fit into a deeper, theoretically consistent approach to counseling. We will be spending course time developing and implementing creative interventions in counseling with the option of writing them up and submitting them to the ACA Creative Interventions Clearinghouse.

Catalogue Description: Use of intuition to design and deliver creative interventions in counseling. Understand how creative interventions fit into deeper, theoretically consistent approaches to counseling. Development and implementation of creative interventions with option to submit them to the ACA Creative Interventions Clearinghouse.

Course Goals:

- To understand the current conflicts related to expressive therapies versus creative interventions
- To understand how to use creative interventions ethically and with theoretical consistency
- To develop familiarity with different types of creative interventions
- To practice applying intuition to develop creative interventions in the counseling relationship
- To develop awareness into how the intuition used in a creative intervention leads to an understanding of theoretical orientation
- To practice several types of creative interventions in order to learn how to use them intuitively with clients.

## **Course Readings: Readings will be posted to Moodle.**

Non-discrimination policy: Lewis & Clark College adheres to a nondiscriminatory policy with respect to employment, enrollment, and program. The College does not discriminate on the basis of race, color, creed, religion, sex, national origin, age, handicap or disability, sexual orientation, or marital status and has a firm commitment to promote the letter and spirit of all equal opportunity and civil rights laws.

Special Assistance: If you have a disability that may impact your academic performance, you may request accommodations by submitting documentation to the Student Support Services Office in the Albany Quadrangle (x7156). After you have submitted documentation and filled out paperwork there for the current semester requesting accommodations, staff in that office will notify me of the accommodations for which you are eligible.

### Methods of Evaluation:

- Peer-to-peer practice sessions: Experiential real-plays as client, counselor or observer: 20%
- Journal Reflections: Four one page (at least) creative reflections after each class that references your experience with the readings and/or the class activity that day: 10% each
- Intervention Presentation: One 5 minute presentation of one of the creative interventions performed in class: 20%
- Creative Intervention handout: Distribute a handout prior to your presentation that describes and supports your intuitively-created creative intervention: 10%
- Satisfactory performance on the Professional Qualities Evaluation Form (C/NC)

Grading: This course is graded in accordance with the grading policy of the Graduate School of Education and Counseling, available for viewing in the Navigator Student Handbook ([http://www.lclark.edu/graduate/student\\_life/handbook/registration\\_policies/index.php#system](http://www.lclark.edu/graduate/student_life/handbook/registration_policies/index.php#system)).

*Attendance: Attendance and active participation is critical to learning. Since the majority of the course consists of experiential activities, **students must attend all class sessions (over Zoom).***

CPSY Departmental Attendance Policy: Class attendance is expected and required. It is important to note that although you will be expected to make up missed course content, any missed

class time will lower your ability to earn full professional participation points and potentially jeopardize your ability to complete the requirements for this course. *Missing more than ten percent of class time may result in failure to complete the class.* This would be 4.5 hours of a 45 hour class (3 credits), 3.0 hours for a 30 hour class (2 credits) or 1.5 hours for a 15 hour class (1 credit). In case of extreme hardship and also at the discretion of the instructor, a grade of incomplete may be given for an assignment or the entire course. In such cases, the work to be submitted in order to remove the incomplete must be documented appropriately and stated deadlines met.

PLEASE BE ON TIME FOR CLASS! Your comments and contributions are valuable to your colleagues. If you arrive to class more than 30 minutes late or leave more than 30 minutes early, you will be considered to be an absent from class for that day.

A Note on Confidentiality: Much of our class discussion and most of the written work you do for this class will contain information about your peers, especially those with whom you participate in real-plays. All such private information falls within our shared responsibility for maintaining its confidentiality and protecting the privacy of our classmates.

Class Structure: The first class session will consist of lecture and discussion about intuition and the ethical use of creative interventions in counseling. The second and third class sessions will be spent learning about and then practicing some of the more popular types of creative interventions. On the last day of class, each student will give a 5 minute presentation to the whole class about a creative intervention that they will design on their own.

**Please see Moodle for Course Calendar**