

M.S. Art Therapy Overview
Course Sequence for 8* Semester Program
60 Semester Hours Total

*May extend beyond 8 semesters

Highlighted sections are for the MS Degree

YEAR 1

	TERM 1 Fall		TERM 2 Spring		TERM 3 Summer
AT 501 (3)	Theories of Counseling & Psychotherapy	AT 539 (3)	Art Therapy Professional Orientation and Ethics	AT 523 (2)	Child & Adolescent Development
AT 510 (3)	Introduction to Art Therapy	AT 513 (3)	Psychopathology	AT 535 (3)	Research Methods and Evaluation
AT 550 (2)	Diversity and Social Equity	AT 511 (3)	Helping Relationship: Art Therapy Technique	CPSY 537 (2)	Qualitative Research Methods option
AT 524 (1)	Cross Cultural Counseling		Application due to Advisor March 1 st (see Appendix)		
CORE 500 (0)	Core Convocation				
9 CR total		9 CR total		5-7 CR total	

YEAR 2

	TERM 4 Fall		TERM 5 Spring		TERM 6 Summer
AT 580 (1)	Art Therapy Practicum	AT 580 (1)	Art Therapy Practicum	AT 545 (2)	Professional & Clinical Practices in Art Therapy
AT 515 (3)	Group Dynamics, Processes and Art Therapy	AT 522 (3)	Diagnostic Appraisal and Testing	AT 537 (1)	Art Therapy Research
AT 530 (3)	Clinical Assessment by Graphic Means	AT 570 (1)	Art Therapy Candidacy/ Portfolio	Elective (2)	Various Topics
AT 542 (2)	Adult Development & Family Therapy	AT 526 (1)	Clinical Practice Counseling Skills in Art Therapy	CPSY 595 (1)	Master's Thesis Research

CPSY 531 (3)	Research Methods and Statistics II option	Elective (1)	Various Topics		
		CPSY 594 (1)	Proposal Writing		
9-12 CR total		8-9 CR total		6 CR total	

YEAR 3

	TERM 7 Fall		TERM 8 Spring		TERM 9 Summer
AT 582 (3)	Art Therapy Internship	AT 582 (3)	Art Therapy Internship		
AT 583 (2)	Art Therapy Internship Studio	AT 583 (1)	Art Therapy Internship Studio		
CPSY 595 (1-2)	Master's Thesis Research	AT 594 (1)	Art Therapy Capstone		
7 CR total		5 CR total			

The MS in Art Therapy extends learning beyond the standards required for the MA in Art Therapy. All MS students will meet the basic foundational needs regarding research expectations in AT 535 and AT 537.

Art Therapy MS degree seeking students will also be required to complete the following additional courses:

- a. CPSY 531(Research Methods and Statistics II), CPSY 594, and CPSY 595

OR

- b. CPSY 537 (Qualitative Methods), CPSY 594, and CPSY 595

CPSY 531 Research Methods and Statistics II

Content: Research design and data analysis, inferential statistics. Simple and complex designs, normal distribution, z-test, t-test, analysis of variance, statistical power, simple regression. Overview of nonparametric and multivariate analysis. Note: Taught in spring semester only, as the second course of a two-semester sequence. Students who wish to pursue the thesis-option M.S. program are advised to take this sequence as early as possible in their course of study.

Prerequisites: None.

Credits: 3 semester hours.

CPSY 537 Qualitative Research Methods

Content: Overview and application of qualitative research methods. Through course readings, discussion, and practical application, candidates explore: (1) different approaches in qualitative research and epistemologies and common theoretical perspectives that undergird qualitative inquiry, and (2) various methods and techniques for gathering, interpreting, and making meaning of in-depth and rich information about things as

they occur in their natural settings. Candidates gain the skills necessary to review and critique qualitative research and to design and undertake their own qualitative research.

Prerequisites: None.

Restrictions: Consent of instructor or program director.

Credits: 2 semester hours.

CPSY 594 Proposal Writing

Content: Direct instruction and support for the process of preparing a thesis and/or other research or grant proposals. Includes both a colloquium and individual consultations with a thesis chair (or, if not writing a thesis, another faculty member). The colloquium will focus on the refinement of research questions, the specifics of research design, and the Human Subjects in Research application process. Consultations with thesis committee chair or other faculty member will focus on the development of a manuscript that clearly details the purpose of the research, summarizes relevant literature, and identifies the proposed design and methodology for the research project.

Prerequisites: [CPSY 530](#) and [CPSY 531](#), or consent of instructor.

Restrictions: Permission of thesis coordinator.

Credits: 1 semester hour.

CPSY 595 Master's Thesis Research

Content: Completion of thesis research project under the direction of the chair of the candidate's thesis committee. Three semester hours, which can be taken in 1-semester hour increments, are required for degree. Grades are deferred until the candidate has successfully defended his or her thesis.

Prerequisites: Consent of thesis committee chair.

Restrictions: Consent of thesis committee chair.

Credits: 1-9 semester hours.

MS ART THERAPY LEARNING OUTCOMES AND CONTENT AREAS
Syllabus cover sheet for AT 537, 535, CPSY 537, 531, & 594

CAAHEP Student Learning Outcomes		Course(s)	CAAHEP Research Content Areas	Course Objectives
SLO- D	Select culturally and developmentally appropriate assessment and evaluation methods and administer and interpret results to identify challenges, strengths, resilience, and resources for Art Therapy treatment planning.	AT 537 AT 535	mK1)	Recognize foundational purposes of research with emphasis on applications to the field
SLO- F	Know federal and state laws and professional ethics as they apply to the practice of Art Therapy.	CPSY 537 CPSY 531 AT 537 AT 535	mK2)	Define research methodologies (e.g., quantitative, qualitative, mixed-methods) and research design formats used in the field
SLO- I	Recognize the legal, ethical, and cultural considerations necessary when conducting Art Therapy research.	AT 537 AT 535	mK3)	Describe art-based research methodologies as related to art therapy
SLO- M	Pursue professional development through supervision, accessing current Art Therapy literature, research, best practices, and continuing educational activities to inform clinical practice.	CPSY 531 AT 535	mS3)	Demonstrate basic statistical concepts such as scales of measurement, measures of central tendency, variability, distribution of data, and relationships among data as applied in research studies
SLO-N	Recognize the impact of oppression, prejudice, discrimination, and privilege on access to mental health care, and develop responsive practices that include collaboration, empowerment, advocacy, and social justice action.	AT 537 CPSY 594	mA1)	Recognize ethical and legal considerations used to design, conduct, interpret, and report research
		AT 537	mA2)	Recognize cultural considerations used when conducting, interpreting, and reporting research

Timeline for completing a thesis:

Second Semester of First Year (Term 2)

Apply to AT program to complete a thesis

Determine a thesis chair

Thesis chair and student complete timeline

Thesis chair and student select committee members

Summer First Year (Term 3)

Complete AT 535 Research Methods

Complete CPSY 537: Qualitative Research Methods (if doing qualitative research)

Fall Second Year (Term 4)

Complete thesis proposal

Complete CPSY 531 Research Methods and Statistics (if doing quantitative research)

Spring Second Year (Term 5)

IRB approval

Collect data

Complete CPSY 594 Proposal Writing

CPSY 595 Thesis Research

Formal approval of thesis proposal

All Semesters until thesis is complete (This may extend beyond 8 semesters))

CPSY 595 Thesis Research

Fall Third Year (Term 7)

Thesis complete

CPSY 595 Thesis Research

Spring Third Year (Term 8)

Thesis defense

CPSY 595 Thesis Research

Edits and corrections

Turn in final product

Change degree program: MS in Art Therapy

Appendix

Lewis & Clark Graduate School of Education and Counseling Art Therapy

MS track Application Due March 1st

(Second Semester)

Name:

Year you entered the program:

Topic of interest:

Have you discussed your interests with Art Therapy faculty who do research in this area?

Yes No

If yes, with whom?

Please submit the following documentation with this application to the CPSY office:

- Updated resume
- Samples of prior research work or samples of your work as a research assistant
- Two major papers submitted as requirements in CPSY/AT courses and graded by the course instructors
- A one-page statement of the relevance of your thesis research to your future and current academic goals
- A description of the time available that you have to complete a thesis

Lewis & Clark Graduate School of Education and Counseling Art Therapy MS Track Guidelines

This document provides general guidance for students interested in conducting a thesis to pursue a MS Degree. Please read the guidelines carefully and consult with your advisor concerning any questions you have about your readiness to conduct thesis.

Readiness to pursue a thesis in the Art Therapy program involves a faculty evaluation of performance in the following areas:

Transcript Review

Evaluation of syllabi and content of research courses taken; grades

Working Knowledge of APA Style

Demonstrated knowledge of the APA writing manual or be willing to learn its guidelines independently, and commit to implementing APA guidelines in the thesis process and its writing.

Previous Research Work

Documented prior involvement as a research assistant and/or examples of research writing.

Writing

Assessment of writing level (grammatical consistency, vocabulary, sentence structure, quality of expression, punctuation) based on sample papers submitted to various courses in the Art Therapy program. The Graduate School does not provide technical assistance in writing or formatting your document. Students are responsible for submitting documents that are grammatically correct and that follow the APA guidelines to faculty mentors.

Potential for Working Independently

Must be a self-directed learner, demonstrate a high level of comfort and skill in learning new material without requiring substantial feedback and follow-up support, and be able to deal well with ambiguity. Demonstrate outstanding time management skills while participating in a variety of courses and program related activities.

Relevance to Future Professional and Academic Goals

Topic is well-focused with well supported arguments.

Availability

Demonstrate time available to complete an intensive research project; i.e., full time student with limited additional time demands