



**LEWIS & CLARK COLLEGE  
GRADUATE SCHOOL OF EDUCATION AND COUNSELING  
AT 513: PSYCHOPATHOLOGY  
SPRING, 2019**

When: Tuesday 1/9/19 - 4/17/19 9:00AM - 12:15PM (45 hours in the classroom)

Where: Rogers, 220

Instructor: Justin Rock MA, LPC

Office hours: By Appointment Office

Location: Location of space will be arranged if needed.

E-Mail: rock@lclark.edu

Phone: 503-310-6217

Credits: 3

**CATALOG DESCRIPTION**

Psychopathology offers an introduction to the structure and uses of the DSM 5 for diagnosing mental and emotional disorders. Limits and weaknesses of these approaches—especially with regard to cultural differences— will be explored, as well as alternatives to them.

**COURSE DESCRIPTION**

Students in this course study the descriptions, causes and treatment of behaviors considered abnormal by society. Students develop understanding of the uses of the Diagnostic & Statistical Manual in clinical practice, including limitations and cultural considerations in diagnosing.

**CAAHEP STUDENT LEARNING OUTCOMES**

C - Recognize that Art Therapy, from a multicultural perspective, takes into consideration the specific values, beliefs, and actions influenced by a client's race, ethnicity, nationality, gender, religion, socioeconomic status, political views, sexual orientation, geographic region, physical capacity or disability, and historical or current experiences within the dominant culture.

D - Select culturally and developmentally appropriate assessment and evaluation methods and administer and interpret results to identify challenges, strengths, resilience, and resources for Art Therapy treatment planning.

J-Apply principles of human development, artistic and creative development, human sexuality, gender identity development, family life cycle, and psychopathology, to the assessment and treatment of clients.

N- Recognize the impact of oppression, prejudice, discrimination, and privilege on access to mental health care, and develop responsive practices that include collaboration, empowerment, advocacy, and social justice action.

O-Understand the basic diagnostic process and the major categories and criteria of mental disorders, corresponding treatments, and commonly prescribed psychopharmacological medications.

Competency area	Description	Introduce or Reinforce	How assessed?
j.K.1	Identify major categories and criteria of mental disorders according to the current Diagnostic and Statistical Manual (DSM) and/or the International Classification of Diseases (ICD)	I	Written Assignment, Class Discussion, Presentation
j.K.2	Understand potential for substance use disorders to mimic and/or co-occur with a variety of neurological, medical, and psychological disorders	I	Written Assignment, Presentation, Exam
j.S.1	Apply use of the diagnostic process in treatment planning	I	Written Assignments, Exam
j.S.3	Demonstrate understanding of basic diagnostic process, including differential diagnosis	I	Written Assignments, Presentation, Exam
j.A.1	Value cultural factors impacting the diagnostic process	R	Written Assignments, Class Discussion
j.A.2	Critique use of diagnostic categories in treatment and intervention	I	Class Discussion, Presentation
l.S.2	Display skills for conducting bio-psychosocial assessment, mental status exam, and substance abuse disorder assessments	R	Presentation, Exam

### Required Books:

American Psychiatric Association (2013). Diagnostic and statistical manual of mental disorders (5th ed.). Washington, D.C.: American Psychiatric Publications.

- World Health Organization Staff. (1992). *The ICD-10 classification of mental and behavioural disorders clinical descriptions and diagnostic guidelines*. Geneva: World Health Organization.
- Morrison, James. *DSM-5 Made Easy: The Clinician's Guide to Diagnosis*. New York, The Guilford Press, 2014.
- Ingram, Barbara Lichner. *Clinical Case Formulations: Matching the Integrative Treatment Plan to the Client, 2nd Edition*. New Jersey, John Wiley & Sons, Inc. 2012. ISBN 978-1-118-03822-2
- Reichenberg, Lourie W. & Seligman, Linda. *Selecting Effective Treatments: A Comprehensive Systematic Guide to Treating Mental Disorders, 5th Edition*. New Jersey, John Wiley & Sons, Inc.

## **NONDISCRIMINATION**

Lewis & Clark College adheres to a nondiscriminatory policy with respect to employment, enrollment, and program. Lewis & Clark does not discriminate on the basis of actual or perceived race, color, sex, religion, age, marital status, national origin, the presence of any physical or sensory disability, veteran status, sexual orientation, gender identity, or gender expression and has a firm commitment to promote the letter and spirit of all equal opportunity and civil rights laws, including Title IX of the Education Amendments of 1972, Section 504 of the Rehabilitation Act of 1973, Title VII of the Civil Rights Act of 1964, the Age Discrimination Act, the Americans with Disabilities Act of 1990, and their implementing regulations.

## **DISABILITY SERVICES STATEMENT**

If you have a disability that may impact your academic performance, you may request accommodations by submitting documentation to the Student Support Services Office in the Albany Quadrangle (503-768-7192). After you have submitted documentation and filled out paperwork there for the current semester requesting accommodations, staff in that office will notify me of the accommodations for which you are eligible.

## **TEACHING METHODS**

A variety of teaching methods will be used during this course in order to achieve the above objectives. Among those methods will be assigned readings, class discussions, experiential activities, and lectures. Students will watch videos clips, engage in group learning tasks, and participate in role-play demonstrations.

## **CPSY DEPARTMENTAL ATTENDANCE POLICY**

Class attendance is expected and required. Any missed class time will be made up by completing extra assignments designed by the instructor. Missing more than ten percent of class time may result in failure to complete the class. This would be 4.5 hours of a 45 hour class (3 credits), 3.0 hours for a 30 hour class (2 credits) or 1.5 hours for a 15 hour class (1 credit.) In case of extreme hardship and also at the discretion of the instructor, a grade of incomplete may be given for an assignment or the entire course. In such cases, the work to be submitted in order to remove the incomplete must be documented appropriately and stated deadlines met. Students

are expected to be on time to class and tardiness may be seen as an absence that requires make-up work.

### **DISCLOSURE OF PERSONAL INFORMATION**

Each student should decide for him/herself what information to disclose. Students are advised to be prudent when making self-disclosures. The program cannot guarantee confidentiality of student disclosures given the group environment, although personal comments should be considered private and confidential – and remain only in the classroom – unless an exception to confidentiality applies.

### **CELL PHONES**

Cell phones must be silenced and text messaging is not allowed during class time. If there is an emergency you may exit the class to use your cell.

### **CLASS PREPARATION**

You must complete all assigned readings and watch any assigned video prior to attending class. This will allow us to focus on application of readings in class. Students are expected to be prepared to discuss the ideas and concepts discussed in the readings. You are responsible for all of the assigned readings, whether or not they are discussed in class. Please note that there are more readings assigned for some topics than for others.

### **ASSIGNMENTS AND COURSE REQUIREMENTS**

Because of the skill development nature of this course, it is required that students complete ALL assignments to pass this class.

<b>Assignment</b>	<b>Point Value</b>
Class Participation	10
Online Discussion Posts	10
Exams (2)	40
Final Paper & Presentation	40
<u>Total:</u>	100

### **EVALUATION AND GRADING**

A = 94-100%	B = 83-87%	C = 73-77%
A- = 90-93%	B- = 80-82%	C- = 70-72%
B+ = 88-89%	C+ = 78-79%	

*NOTE: All assignments must be turned in at the beginning of class (before class starts) on the day they are due. Five points will be deducted for each day an assignment is late.*

**ASSIGNMENTS AND EVALUATION**

**1. Attendance and participation in all classes (10 points)**

<b>Class participation</b>	<b>Possible points</b>
Attending all classes and being on time. Giving attention to the instructor and/or other students when they are making a presentation.	4
Demonstrating ability to recognize and use subtle non-verbal communication cues to assess your impact on your peers and participate in class. Demonstrating ability to be open about discussing the impact of your comments on your peers.	1
Coming to class prepared (having read the assignment for the day) Engaging in group discussions with attention and energy. Asking questions of the instructor and/or other students regarding the material examined in that class.	2
Contributing to in-class discussion based on the topics of discusses and the readings assigned. Contributions may include how you feel about the material but merely articulating your feelings is not sufficient. You are expected to put those feelings in context of your thoughts and analysis of the material.	1
Providing examples to support or challenge the issues talked about in class. Making comments or giving observations about topics in the course, especially those that tie in the classroom material to "real world" problems, or try to integrate the content of the course.	1
Dealing with other students and/or the instructor in a respectful fashion. Listening actively. Students will be asked questions related to the course's readings randomly in class by other students and by the instructor. Your participation in small group discussions is also required.	1

**2. Online Discussion Posts (10 points)**

Choose a passage that you feel is important or meaningful. It must pertain to topics scheduled for the week. This can be from the assigned readings, supplemental readings, or your other readings in psychopathology. Write a brief (250-500 words) reaction as to what the point of the excerpt is, why you think it is important, how it relates to other information, to art therapy, etc. Cite at least one other source in support, opposed, or elaborating the passage you have chosen. Respond to at least 2 other students' discussion posts.

Critical Analysis	Discussion postings display an excellent understanding of the required readings and underlying concepts including correct use of terminology. Postings integrate an outside resource, or relevant research, or specific	4
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	real-life application (work experience, prior coursework, etc.) to support important points. Well-edited quotes are cited appropriately. No more than 10% of the posting is a direct quotation.	
Participation in Learning Community	Discussion postings actively stimulate and sustain further discussion by building on peers' responses including — building a focused argument around a specific issue or — asking a new related question or — making an oppositional statement supported by personal experience or related research.	3
Etiquette in Dialogue With Peers	Written interactions on the discussion board show respect and sensitivity to peers' gender, cultural and linguistic background, sexual orientation, political and religious beliefs.	1
Weekly Postings	Completed postings of self (1) and peer responses (2) each week	1
Quality of Writing and Proofreading	Written responses are free of grammatical, spelling or punctuation errors. The style of writing facilitates communication.	1
	<b>Total</b>	<b>10</b>

### 3. Exams (20 points each, total 40 points)

There will be 2 exams during the term. They may cover topics related to using DSM and ICD-10, diagnostic issues, readings, and classroom material. The primary test method will be reviewing and responding to case studies. Short answer, multiple choice, essay, and fill in the blank are also possible formats. Exams are in-class, open book unless noted otherwise. More specific information on the type of content and format of the exams will be announced in class. There will be practice exams during class sessions.

SLO-D	Select culturally and developmentally appropriate assessment and evaluation methods and administer and interpret results to identify challenges, strengths, resilience, and resources for Art Therapy treatment planning.	2/4
SLO-J	Apply principles of human development, artistic and creative development, human sexuality, gender identity development, family life cycle, and psychopathology, to the assessment and treatment of clients.	3/6
SLO-O	Understand the basic diagnostic process and the major categories and criteria of mental disorders, corresponding treatments, and commonly prescribed psychopharmacological medications.	3/6
j.K.2	Understand potential for substance use disorders to mimic and/or co-occur with a variety of neurological, medical, and psychological disorders	3/6

j.S.1	Apply use of the diagnostic process in treatment planning	3/6
j.S.3	Demonstrate understanding of basic diagnostic process, including differential diagnosis	3/6
l.S.2	Display skills for conducting bio-psychosocial assessment, mental status exam, and substance abuse disorder assessments	3/6
	<b>Total (20 points for each exam)</b>	<b>20/40</b>

#### 4. Final Paper & Presentation (40 points)

Choose a relevant topic of interest as discussed in class. Research the topic and write a 10 to 12 page term paper presenting the information, your analysis and conclusions. This paper should be empirically based citing relevant theory and research from original resources (e.g., not secondary texts; do not cite your textbook as a source). The paper should be written in APA style.

The paper will be due on or before the 13th class. Your paper is graded on content and style. The former includes how well you define your topic, thoroughness of your content, quality of your arguments and conclusions, etc. Style includes clarity of writing in an academic / scholarly form, grammar, organization, etc.

The class will be divided into 2 sections for presentation of papers in the 13th and 14th class sessions. Prepare a typed outline or notes you can use to make the presentation (e.g. not a reading of the paper). Use support materials such as handouts, charts, experiential exercises, PowerPoint slides, etc. as appropriate.

SLO-C	Recognize that Art Therapy, from a multicultural perspective, takes into consideration the specific values, beliefs, and actions influenced by a client's race, ethnicity, nationality, gender, religion, socioeconomic status, political views, sexual orientation, geographic region, physical capacity or disability, and historical or current experiences within the dominant culture.	3
SLO-D	Select culturally and developmentally appropriate assessment and evaluation methods and administer and interpret results to identify challenges, strengths, resilience, and resources for Art Therapy treatment planning.	3
SLO-J	Apply principles of human development, artistic and creative development, human sexuality, gender identity development, family life cycle, and psychopathology, to the assessment and treatment of clients.	4
SLO-N	Recognize the impact of oppression, prejudice, discrimination, and privilege on access to mental health care, and develop responsive practices that include collaboration, empowerment, advocacy, and social justice action.	4

SLO-O	Understand the basic diagnostic process and the major categories and criteria of mental disorders, corresponding treatments, and commonly prescribed psychopharmacological medications.	4
j.K.2	Understand potential for substance use disorders to mimic and/or co-occur with a variety of neurological, medical, and psychological disorders	3
j.S.1	Apply use of the diagnostic process in treatment planning	4
j.S.3	Demonstrate understanding of basic diagnostic process, including differential diagnosis	3
j.A.1	Value cultural factors impacting the diagnostic process	4
j.A.2	Critique use of diagnostic categories in treatment and intervention	4
l.S.2	Display skills for conducting bio-psychosocial assessment, mental status exam, and substance abuse disorder assessments	4
	<b>Total</b>	<b>40</b>

## COURSE SCHEDULE

Class Date	Topic	Readings & Assignments Due
Week 1	<p>Introductions</p> <p>Review Syllabus</p> <p>Neurodevelopmental Disorders</p>	<p><b>DSM 5</b>, Review:</p> <p>Classification, Preface, Introduction, Use, Caution, Pp. xiii -25</p> <p>Other Mental Disorders, Pp. 707-708</p> <p>Other Conditions – Focus Clinical Attention, Pp. 715-727</p> <p>Assessment Measures, Pp. 733-748</p> <p>Cultural Formulation, Pp. 749-760</p> <p>Neurodevelopmental Disorders, Pp. 31-86</p> <p><b>DSM-5 Made Easy</b>, Read:</p> <p>Introduction, Pp. 1-15</p>



		<p>Chapter 1. Neurodevelopmental Disorders, Pp. 17-54</p> <p><b><u>Clinical Case Formulations</u></b>, Read:</p> <p>Part I. Case Formulation Skills, P. 1</p> <p>Chapter 1. A Framework, Pp. 3-18</p> <p>Chapter 2. Gathering Data, Pp. 19-39</p> <p><b><u>Selecting Effective Treatments</u></b>, Read:</p> <p>Chapter 1. Introduction, Pp. 1-32</p> <p>Chapter 2. Neurodevelopmental Disorders, Pp. 33-68</p>
<p>Week 2</p>	<p>Schizophrenia Spectrum &amp; Psychotic Disorders</p> <p>Bipolar &amp; Related Disorders</p> <p>Depressive Disorders</p>	<p><b><u>DSM 5</u></b>, Review:</p> <p>Schizophrenia Spectrum &amp; Psychotic Disorder, Pp. 87-122</p> <p>Bipolar &amp; Related Disorders, Pp. 123-154</p> <p>Depressive Disorders, Pp. 155-188</p> <p>Persistent Complex Bereavement Disorder, Pp. 789-792</p> <p>Suicidal Behavior Disorder, Pp. 801-803</p> <p><b><u>DSM-5 Made Easy</u></b>, Read:</p> <p>Chapter 2. Schizophrenia Spectrum &amp; Other Psychotic Disorders, Pp. 55-107</p> <p>Chapter 3. Mood Disorders, Pp. 108-170</p> <p><b><u>Clinical Case Formulations</u></b>, Read:</p> <p>Chapter 3. Defining Problems, Pp. 41-59</p> <p>Chapter 4. Setting Outcome Goals, Pp. 61-72</p> <p><b><u>Selecting Effective Treatments</u></b>, Read:</p> <p>Chapter 3. Schizophrenia Spectrum and Other Psychotic Disorders, Pp. 69-102</p>

		<p>Chapter 4. Bipolar and Related Disorders, Pp. 103-144</p> <p>Chapter 5. Depressive Disorders, Pp. 145-174</p>
Week 3	<p>Anxiety Disorders</p> <p>Obsessive-Compulsive &amp; Related Disorders</p> <p>Trauma and Stressor Related Disorders</p>	<p><b>DSM 5, Review:</b></p> <p>Anxiety Disorders, Pp. 189-233</p> <p>Obsessive-Compulsive &amp; Related Disorders, Pp. 235-264</p> <p>Trauma and Stressor Related Disorders, Pp. 265-290</p> <p><b>DSM-5 Made Easy, Read:</b></p> <p>Chapter 4. Anxiety Disorders, Pp. 171-198</p> <p>Chapter 5. Obsessive-Compulsive &amp; Related Disorders, Pp. 199-216</p> <p>Chapter 6. Trauma &amp; Stress Related Disorders, Pp. 217-234</p> <p><b>Clinical Case Formulations, Read:</b></p> <p>Chapter 5. Organizing the Database, Pp. 73-86</p> <p>Chapter 6. Creating the Formulation, Pp. 87-93</p> <p><b>Selecting Effective Treatments, Read:</b></p> <p>Chapter 6. Anxiety Disorders, Pp. 175-218</p> <p>Chapter 7. Obsessive-Compulsive and Related Disorders, Pp. 219-244</p> <p>Chapter 8. Trauma- and Stressor-Related Disorders, Pp. 245-276</p>
Week 4	<p>Dissociative Disorders</p> <p>Somatic Symptom &amp; Related Disorders</p>	<p><b>DSM 5, Review:</b> _____</p> <p>Dissociative Disorders, Pp. 291-308</p> <p>Somatic Symptom &amp; Related Disorders, Pp. 309-328</p> <p><b>DSM-5 Made Easy, Read:</b></p>

		<p>Chapter 7. Dissociative Disorders, Pp. 235-</p> <p>Chapter 8. Somatic Symptom &amp; Related Disorders, Pp. 249-</p> <p><b><u>Clinical Case Formulations, Read:</u></b></p> <p>Chapter 7. The Treatment Plan, Pp. 95-109</p> <p>Part II. Clinical Hypotheses, Pp. 111-116</p> <p>Chapter 8. Stressful Situations, Pp. 117-39</p> <p><b><u>Selecting Effective Treatments, Read:</u></b></p> <p>Chapter 9. Dissociative Disorders, Pp. 277-288</p> <p>Chapter 10. Somatic Symptom and Related Disorders, Pp. 289-310</p>
<p>Week 5</p>	<p>Feeding &amp; Eating Disorders</p> <p>Elimination Disorders</p> <p>Sleep-Wake Disorders</p>	<p><b><u>DSM 5</u></b>, Review:</p> <p>Feeding &amp; Eating Disorders, Pp. 329-354</p> <p>Elimination Disorders, Pp. 355-360</p> <p>Sleep-Wake Disorders, Pp. 361-422</p> <p><b><u>DSM-5 Made Easy</u></b>, Read:</p> <p>Chapter 9. Feeding &amp; Eating Disorders, Pp. 276-</p> <p>Chapter 10. Elimination Disorders, Pp. 293-</p> <p>Chapter 11. Sleep-Wake Disorders, Pp. 296-</p> <p><b><u>Clinical Case Formulations</u></b>, Read:</p> <p>Chapter 9. Body &amp; Emotions, Pp. 157-195</p> <p>Chapter 10. Cognition, Pp. 197-223</p> <p><b><u>Selecting Effective Treatments</u></b>, Read:</p> <p>Chapter 11. Feeding &amp; Eating Disorders, Pp. 311-340</p> <p>Chapter 12. Elimination Disorders, Pp. 341-352</p> <p>Chapter 13. Sleep-Wake Disorders, Pp. 353-368</p>

Week 6	Exam 1	
Week 7	Sexual Dysfunctions  Gender Dysphoria  Paraphilic Disorders	<p><b><u>DSM 5</u></b>, Review: Sexual Dysfunctions, Pp. 423-450 Gender Dysphoria, Pp. 451-460 Paraphilic Disorders, Pp. 685-706</p> <p><b><u>DSM-5 Made Easy</u></b>, Read: Chapter 12. Sexual Dysfunctions, Pp. 350-371 Chapter 13. Gender Dysphoria, Pp. 372-377 Chapter 18. Paraphilic Disorders, Pp. 564-588</p> <p><b><u>Clinical Case Formulations</u></b>, Read: Chapter 11. Behavior &amp; Learning, Pp. 225-255</p> <p><b><u>Selecting Effective Treatments</u></b>, Read: Chapter 14. Sexual Dysfunctions, Pp. 369-382 Chapter 15. Gender Dysphoria, Pp. 383-393 Chapter 20. Paraphilic Disorders, Pp. 535-550</p>
Week 8	Disruptive, Impulse-Control, & Conduct Disorders	<p><b><u>DSM 5</u></b>, Review: Disruptive, Impulse-Control, &amp; Conduct Disorders, Pp. 461-480</p> <p><b><u>DSM-5 Made Easy</u></b>, Read: Chapter 14. Disruptive, Impulse-Control, &amp; Conduct Disorders, Pp. 378-392</p> <p><b><u>Clinical Case Formulations</u></b>, Read: Chapter 12. Existential &amp; Spiritual, Pp. 257-288</p> <p><b><u>Selecting Effective Treatments</u></b>, Read: Chapter 16. Disruptive, Impulse Control, and Conduct Disorders, Pp. 393-416</p>

Week 9	Substance-Related & Addictive Disorders	<p><b><u>DSM 5</u></b>, Review:</p> <p>Substance-Related &amp; Addictive Disorders, Pp. 481-590</p> <p>Caffeine Use Disorder, Pp. 792-795</p> <p>Internet Gaming Disorder, Pp. 795-798</p> <p><b><u>DSM-5 Made Easy</u></b>, Read:</p> <p>Chapter 15. Substance-Related &amp; Addictive Disorders, Pp. 393-473</p> <p><b><u>Clinical Case Formulations</u></b>, Read:</p> <p>Chapter 13. Psychodynamic, Pp. 289-330</p> <p><b><u>Selecting Effective Treatments</u></b>, Read:</p> <p>Chapter 17. Substance-Related and Addictive Disorders, Pp. 417-460</p>
Week 10	Neurocognitive Disorders	<p><b><u>DSM 5</u></b>, Review:</p> <p>Neurocognitive Disorders, Pp. 591-644</p> <p>Neurobehavioral Disorder Assoc. w/Prenatal Alcohol Exposure, Pp. 798-801</p> <p><b><u>DSM-5 Made Easy</u></b>, Read:</p> <p>Chapter 16. Cognitive Disorders, Pp. 474-527</p> <p><b><u>Clinical Case Formulations</u></b>, Read:</p> <p>Chapter 14. Social, Cultural &amp; Environmental, Pp. 331-371</p> <p><b><u>Selecting Effective Treatments</u></b>, Read:</p> <p>Chapter 18. Neurocognitive Disorders, Pp. 461-478</p>

Week 11	Personality Disorders	<p><b><u>DSM 5, Review:</u></b></p> <p>Personality Disorders, Pp. 645-684</p> <p>Alternative Model for Personality Disorders, Pp. 761-782</p> <p>Nonsuicidal Self-Injury, Pp. 803-806</p> <p><b><u>DSM-5 Made Easy,</u></b> Read:</p> <p>Chapter 17. Personality Disorders, Pp. 528-563</p> <p><b><u>Clinical Case Formulations,</u></b> Read:</p> <p>Chapter 15. Practice, Pp. 373-383</p> <p><b><u>Selecting Effective Treatments,</u></b> Read:</p> <p>Chapter 19. Personality Disorders, Pp. 479-534</p>
Week 12	Exam 2	
Week 13	Research Papers due, Student Presentations	
Week 14	Student Presentations	