



**LEWIS & CLARK COLLEGE**

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**GRADUATE SCHOOL OF EDUCATION AND COUNSELING**  
**MCFT 569: SEX THERAPY** **SPRING - 2015**

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Time & Day: Wednesdays, 11:00 pm, 1/21/15 to 3/12/15

Instructor: Marisol Garcia, Ph.D.

Room: Corbett Annex

Office: Rogers Hall                      Office hours- by appointment before or after class

**CATALOG DESCRIPTION**

Sexual health and introduction to treatment of sexual issues. Topics include sexual development across the lifespan, sexual orientation and identity, critique of the social construction of sex, systemic bio-psycho-social spiritual assessment of sexual well-being, and systemic treatment of specific sexual problems.

**COURSE DESCRIPTION**

This is an advanced course with a focus on sexual issues, requiring participants to apply what they are learning about couple and family therapy to the specialized area of sex therapy with couples. Because the course relies heavily on family and couple therapy theory and practice, students must be in the MCFT program; CPSY 504 and CPSY 562 are prerequisites and CPSY 560 is a co-requisite to enroll in the course.

In this course, we will explore sexual development, the social construction of sex, gender, and sexuality continuums, feminist critiques of dominant sexual discourses, the impact of sex abuse on adult sexual functioning, major sexual dysfunctions and their treatments, a bio-psycho-social spiritual approach to understanding and treating sexual problems, and other important topics.

**STUDENT LEARNING OUTCOMES**

This course promotes the following student learning outcomes:

SLO1: Students will demonstrate integrity, compassion and commitment to working with diverse groups.

SLO 2: Students will demonstrate excellent therapeutic skills with individuals, couples, and families.

SLO 3: Students will demonstrate dedication to social justice and global citizenship.

**COURSE OBJECTIVES**

1. Understand the social construction of sexuality and sexual functioning relative to social, historical, and cultural contexts, including how these contexts serve to privilege some expressions of sexuality while oppressing others. (CC 1.2.1; TS 1.04, 2.06)
2. Understand a variety of human sexuality issues (e.g., gender, sexual functioning, and sexual orientation), human development and sexuality, and the impact of

sexuality/sexual issues on family and couple functioning. (CC 2.1.1)

3. Develop fluency and comfort talking about sex and sexual functioning with individuals and couples.
4. Learn to assess sexual issues from a bio-psycho-social spiritual perspective that includes an analysis of power imbalances relative to sex. (PM)
5. Learn primary treatment approaches and techniques for resolving sexual problems and consider their use within specific cultural and social contexts. (KS 39)
6. Consider treatment issues specific to sex therapy with heterosexual, lesbian, gay, trans, and bi-sexual couples/families. (KS 53; PM; CC 1.2.1)
7. Explore own biases relative to sexual orientation and sexual practices that are likely to influence work with clients.

### **CPSY DEPARTMENTAL ATTENDANCE POLICY**

Class attendance is expected and required. Any missed class time will be made up by completing extra assignments designed by the instructor. Missing more than ten percent of class time may result in failure to complete the class. This would be 4.5 hours of a 45 hour class (3 credits), 3.0 hours for a 30 hour class (2 credits) or 1.5 hours for a 15 hour class (1 credit.) In case of extreme hardship and also at the discretion of the instructor, a grade of incomplete may be given for an assignment or the entire course. In such cases, the work to be submitted in order to remove the incomplete must be documented appropriately and stated deadlines met. Students are expected to be on time to class and tardiness may be seen as an absence that requires make-up work.

### **NON-DISCRIMINATION POLICY/SPECIAL ASSISTANCE**

Lewis & Clark College adheres to a nondiscriminatory policy with respect to employment, enrollment, and program. The College does not discriminate on the basis of race, color, creed, religion, sex, national origin, age, handicap or disability, sexual orientation, or marital status and has a firm commitment to promote the letter and spirit of all equal opportunity and civil rights laws.

### **SPECIAL ASSISTANCE**

If you need course adaptations or accommodations because of a disability and/or you have emergency medical information to share please make an appointment with the instructor as soon as possible.

### **TEXTS AND MATERIALS**

1. Kleinplatz, P. J. (2012). *New directions in sex therapy: Innovations and alternatives*. Philadelphia: Brunner-Routledge.
2. Rosen, R. & Leiblum, S. (1995). *Case studies in sex therapy*. New York: Guilford Press.
3. Perel, E. (2006). *Mating in Captivity*. NY: Harper Collins.
4. Garcia, M. (2011). *Pleasure: The Secret Ingredient in Happiness*. CT: Pink Soda Publishing. (I will provide you with a pdf file)

### **COURSE REQUIREMENTS AND EVALUATION**

***Attendance and Participation***

***33 points***

Acknowledging that adults have a variety of learning styles, it is still important that you all attend and actively participate in class activities.

***Case Presentations***

***33 points***

Students will be called on to open discussion regarding case assignments. I will use a cold-call method, which suggests that every student must be prepared to discuss the case in a detailed and thoughtful manner. Instructions and procedures for case presentations will be provided on the first day of class.

***Final***

***33 points***

The final for this class will be a case conceptualization exemplifying all the work covered throughout the semester. The same format for case conceptualization used throughout semester will be utilized

**GRADING**

93-100 = A	80-82 = B-
90-92 = A-	78-79 = C+
88-89 = B+	73-77 = C
83-87 = B	70-72 = C-