

Treatment Issues in Marriage and Family Therapy
Counseling Psychology 563
Spring 2007

Instructor: Taranum Chaudry, Ph. D.
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Office Hours: Friday only and by appointment.

Schedule: Friday, January 12th – Friday, April 27th
3:15 – 6:15 pm. Rogers Hall Rm 220

Course Description: This course content is based on systems theory relative to marriage and family treatment issues and interventions, arising from crisis situations and life cycle transitions. Treatment issues will focus on individual, interpersonal, and inter/multi generational processes. These processes will be viewed as a system and variables affecting these systems e.g. life cycle stage, inter/multigenerational issues, family structure, gender, ethnicity and culture. Students will address all the above variables and come up with the most affective treatment unique to every family. Students will also apply their own theoretical orientation to the various problems.

Course Format:

This course will for the most part be taught as a seminar. This requires the active participation and contribution of all students. The goal is to promote discussions, debates and critiques of the materials read and/or viewed. This course will be more clinical in nature.

Course Objectives:

By the end of this course students will be able to:

1. Conceptualize how transitions in the life cycle affect families and how families cope with the resulting crisis.
2. Identify issues and processes faced by families going through marriage, divorce, remarriage, blended families, old age, illnesses and death. Apply a model for working with the above issues.
3. View adolescent behavioral problems from a developmental and systems theory, and provide a model of treatment which includes individual, family and community based interventions
4. Describe treatment issues and apply appropriate models of treatment for families with addictions, violence and sexual abuse.
5. Address treatment issues for families facing bereavement and chronic physical and mental illnesses.
6. Identify available services in the community.
7. Identify their personal approach to psychotherapy and their own personal issues and challenges when working with the above populations.

Required Texts

Dutton, Donald & Sonkin, Daniel. (Eds.). (2002). Intimate violence: Contemporary treatment innovations. New York: Haworth Press.

Juhnke, Gerald, A. & Hagedorn, Bryce, W. (2006). Counseling addicted families: An integrated assessment and treatment model. New York: Routledge.

Xeroxed Readings.

Required Readings:

For the topic of Adolescent and Psychopathology please read up on the following topics:

Attention Deficit Disorder

Conduct Disorder

Oppositional Defiant Disorder

Mood Disorders in adolescents- includes-depression, Anxiety, Bipolar DO, Suicide.

Eating DO

Self harm behaviors-cutting, substance abuse.

Following are some resources:

Barkley, Russel A; Taking charge of ADHD.

Claude-Pierre, Peggy; The secret language of eating disorders.

Papolos, Demitri & Papolos, Janice. The bipolar child.

Wolfe, David A. & Mash, Eric J. (Eds.) (2006). Behavioral and Emotional Disorders in Adolescents: Nature, assessment, and treatment. New York: The Guilford Press.

Course Requirements:

1. **Attendance:** Students must attend ALL classes. Absences will be excused only in circumstances of emergency or illness. Students must get approval from the instructor for absences that are not due to emergency or illness.
2. **Punctuality:** Students must be in class on time, so as not to disrupt the flow of the class. Students who are habitually late will have to turn in an additional assignment.
Please be respectful of the class and instructor's time.
3. **Participation:** This course will for the most part be taught as a seminar. This requires active verbal participation of all students. The goal is to promote discussions and debates of the materials read and/or reviewed.
4. **Readings:** Students will be expected to have read the material prior to each class so they can share their perspective, question and discuss the material.
5. **Assignments:** All assignments must be turned in on the specified dates. Any extenuating circumstances must be negotiated with the instructor PRIOR to assignment deadlines (this however, does not guarantee that students will not lose point). Other wise late assignments will not be accepted. No additional make up assignments will be accepted either.
6. **Penalty for late assignments:** Assignments turned in three days after the deadline will cost the student 10 points for that particular assignment. Two points will be deducted each day after the deadline till the third day.
7. **Make up Assignments:** Please try to avoid circumstances that would lead to make up assignments. Students will be responsible for making up their own assignments after having it approved by the instructor.
8. **Midterm Exam:** this will be a take home exam, given on February 23rd and due March 2nd. (100 points)
9. **Class Presentation:** Format is group presentation, scheduled for **March 16th**. (100 points)
10. **Term Paper:** Due **April 6th**. (100 points)
11. **Final Exam:** In class. Written exam on **April 27th**. (100 points)

Grading Policy: Grades will be based on the percentage of points earned as follows:

Grading Scale:

A	95-100
A-	90-94
B	85-89
B-	80-84
C	75-79
C-	70-74
D	65-69
D-	60-64
F	Below 59

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DATE	TOPIC	READINGS
Jan 12	Review of syllabus. Family Dev., Life cycle, Transitions & Resilience	Xeroxed
Jan 19	Marriage	Xeroxed readings.
Jan 26	Divorce & Affairs.	Xeroxed readings.
Feb 2	Remarriage & Blended Families.	Xeroxed readings.
Feb 9	Adolescents & Psychopathology ADHD, ODO, CDO	Xeroxed readings. See page 2 for recommended readings for these topics.
Feb 16	Mood DO; Suicide, Cutting, Eating disorders	
Feb 23	Psychopathology (contd).	
*Feb 23	Midterm Exam (Take Home)	Due March 2nd.
Mar 2	Substance abuse	Juhnke & Hagedorn .Chapters 1-5. xeroxed readings.
Mar 9	Substance Abuse & Sexual abuse	Xeroxed Readings
Mar. 16	Sexual Abuse	Xeroxed Readings.
March 23th	CLASS PRESENTATIONS.	
March 30ST	SPRING BREAK ☺ ☺	
Apr 6	Family Violence	Xeroxed Readings Dutton & Sonkin. Pages 1-47.
Apr 6th	Term Paper Due	

Apr. 13.	Family Violence	Dutton & Sonkin. Pages 47-207; 257-319.
Apr 20	Chronic physical & Mental Illness. Grief & Loss	Xeroxed readings
Apr 27	Final Exam (in class).	