

“In order really to listen, there must be a capacity to hear through many wrappings, and only a mature listener, listening beyond the outer layers of the words that are spoken, is capable of this.” Douglas Steere

Introduction to Professional Counseling
CPSY 503 Department of Counseling Psychology
Graduate School of Education and Counseling
Lewis and Clark College Spring 2007

Monday 5:30-8:30 September 10th –October 08th
SCCC 101

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Catalogue Description:

Basic theoretical assumptions of the counseling profession, with an overview of its historical roots, social, cultural contexts, types of practice, ethical principles, and professional orientation.

Textbook:

Culture, Psychotherapy, and Counseling; Critical and Integrative Perspectives 2006
Lisa Tsoi Hoshmand ED.

Ethical Guidelines:

Students will obtain and bring a current copy of the ACA or AMFT Ethical Guidelines to class.

Learning Objectives: Guided by the CACREP standards of learning about professional identity. This class will provide an understanding of:

- ❖ History and philosophy of the counseling profession
- ❖ Professional roles, functions, and relationships with other human service providers
- ❖ Professional organizations like ACA, divisions, functions, and services to members
- ❖ Professional credentialing, certification, licensure, accreditation practices, professional organizations, journals and effects on public policy
- ❖ The role of professional counselor in advocating on behalf of the profession
- ❖ Advocacy processes needed to address institutional and social barriers that impede access, equity, and success for clients
- ❖ Ethical standards of ACA and related entities, and applications of ethical and legal considerations in professional counseling

- ❖ The current modes and settings of the counseling practice
- ❖ How to be conversant about philosophical, ethical, and political issues regarding the role of counselors in various settings through both discussion and writing
- ❖ Researching information about counseling which includes the use of technological competence and computer literacy

Class Assignments:

Due September 24th

1. Write a four to five page “position” paper describing your interest in the counseling profession include elements of how this has been informed by your gender and race as well as your cultural, political, philosophical, religious and social contexts. This should also include a description of your personal educational and professional goals.

On September 17th

2. Class work creating a history of counseling timeline, (done in class.)

September 17th, 24th & October 1st

3. Be prepared, after 7 assigned chapter readings (see schedule below) to bring 2 questions related to each reading written on a 3x5 card. Be prepared to be randomly selected for leading a small group discussion surrounding the chapters and the questions submitted.

Due October 8th

4. Final Assignment: Groups comprised of five students each will prepare a 30 minute power point presentation utilizing ideas from at least four different chapters from the text that have influenced your thinking around the counseling profession. Include elements of social, political, philosophical, religious, racial, gender and cultural impact. The presentation should integrate elements of our class discussions as well as any outside reading you select that might inform the presentation. For a 30 minute presentation this would be around 20 slides. Each group member must equally present part of the power point.

Paper 20 pts

History Timeline (in class) 15 pts

Participation in class discussions points 20 pts

Final Assignment 45

A 100-90 B 89-80 C 79-70 below 70 failure of class

Attendance:

Notification of absence is required. Any absence requires make-up assignment. More than 1 hour of absence is possible failure to complete the class and is at the discretion of the professor.

Students are expected to read and abide by the ACA or AMFT guidelines. Failure to follow guidelines can be cause to fail the class.

Please notify instructor of any special learning considerations that need to be taken in to considerations as covered by the American Disabilities Act.

Laptops and Cell phone use:

No use of cell phones during class time (inc. txting) except for emergency (you may have them on vibrate if necessary to be alerted to necessary incoming calls)

Laptops maybe used in class during times designated by the professor

Break times of course are free for cell and laptop use

Chapter Readings

Due September 17th

1. Thinking Through Culture
2. Culture and the Field of Psychotherapy and Counseling
3. Counseling and Psychotherapy as Cultural Work

Due September 24th

4. The Felt Sense as Avenue of Human Experience for Integrative Growth
6. Hawaiian Psychology
7. Toward a Feminist Ecological Awareness

Due October 1st

10. Cultural, Conflict, Values and Relational Learning in Psychotherapy
11. Summary and Conclusions

September 10th

Syllabus & Class overview

Portfolios & Advisors

Introductions

Being a Graduate student

Group reading & reflections

Intentional Listeners (reading-handout)

Create Power Point Groups

Assignments for next week:

Bring Ethical guidelines to class

Read History assignment (reading-handout)

Read Chapters

September 17th

Ethical Guidelines (bring to class)
Background Check Information
History Timeline Activity
Reading discussions

September 24th

Paper due
Library Information-Guest speaker
Professional Overview
 Law, Ethics, Associations, Journals, Certifications and Academics
Reading Discussions

October 1st

Professional roles, functions, and relationships with other human service providers
The current modes and settings of the counseling practice
Self-Care
Reading Discussions

October 8th

Power Point Presentations